





# AWARD-WINNING HEALTH, NUTRITION AND GUIDANCE PROGRAMS AVAILABLE FROM VEC!

## CHOOSE MYPLATE:

A Lunch Lady's Guide to Healthier Eating

NEW!



She's hip. She's funny. She knows her stuff. She's the Lunch Lady and she's showing kids how to whip up nutritious breakfast, lunch and dinner specials using new dietary guidelines. The Lunch Lady cooking show is on the air and she'll guide students as they learn how to make smart choices from every food group, understand balance between food and physical activity and get the most nutrition out of meals and snacks. How many vegetables should you eat? Why is whole grain better for you? What is obesity? These and other important health questions are answered in this fun, fast paced cooking show format



See page 5 for details

According to an important new poll cell phones, computers and other digital devices have become the technology of choice for teens to communicate with each other. Texting has become the preferred form of communication surpassing face-to-face contact.



See page 3 for details

Digital Distractions

NEW!

## PLAY IT OUT



Assertiveness

NEW!

## PLAY IT OUT



This important program presents true-to-life scenarios where teens are pressured into a behaviour that is risky, illegal or unhealthy. Viewers will learn skills that will help them to be more assertive which in turn will help them have more control of their life, feel more content and confident.



See page 3 for details

This program demonstrates to educators and parents the importance of implementing a social skill program through speech and language therapists, social workers and special education teachers. It demonstrates that positive outcomes can occur when the team focuses on what the skill deficits are for a child in social skills and pragmatic language, and can slowly, develop those skills for that child.



See page 11 for details

Student Health and Safety: Bullying in the IEP

NEW!



## IN THE SPOTLIGHT

### Mother Tongue Series

This documentary series explores ethnic women's history in Canada.



Each episode tells the story of a notable woman in one of Canada's ethnic communities. Online guide available for each program

See page 14 for full description and pricing

### To our Valued Customers

Welcome to the Fall, 2011 edition of Visual Education Centre's New Release catalogue. As the leading supplier of audio and video educational resources in Canada, VEC remains committed to offering enriching, curriculum-relevant programs from award-winning Canadian and international producers, covering a wide range of subjects - Health & Guidance, Science, Social Studies, Language Arts and more. Many programs are accompanied by a Teaching Guide assisting educators with talking points and ideas for classroom activities.

Please take a moment to review this catalogue and feel free to contact the representative for your area if you require any information on educational programs or feature films. For a complete list of titles please visit our website at [www.visualed.com](http://www.visualed.com)

Many programs are also available through our digital streaming platform Learn360™. Learn360™ gives educators and students the power to meet and exceed 21st Century educational expectations. Learn360™ sets a superior standard of quality for video streaming and delivers the rich resources educators need to bring standards-based and differentiated instruction to best serve students. Learn360™ is a division of AIM Education Inc., which includes Sunburst Visual Media, the leading producer for K-12 health and guidance programs for over 30 years.

On behalf of the entire team at VEC, I would like to thank you for your business and look forward to serving you in many years to come.

Sincerely,

**Suzanne Hitchon**  
General Manager

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# Visual Education Centre

## ART & ART HISTORY

### Mark Kistler's Imagination Station: Cool Cartooning!

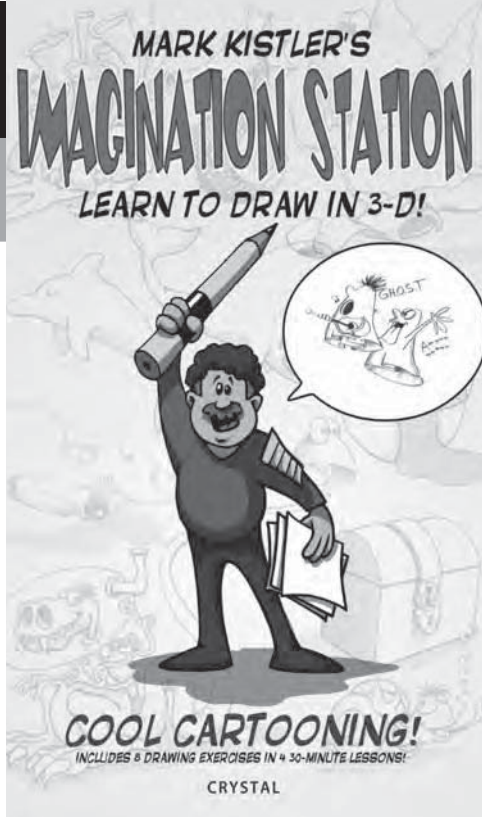
So you want to be a professional cartoonist, film animator, comic strip artist? Perhaps you dream of illustrating children's books or 3-D cartoon websites? This DVD will strengthen your drawing skill and show you how to take an idea and turn it into an entire story. Four lessons, 30 minutes each.

120 min. • Gr. 2-8 • 2011 • Crystal • CP7182 • \$44.99

### Mark Kistler's Imagination Station: Secret Blue Lagoon

This drawing in 3-D adventure was inspired by Kistler's real life adventures. In this DVD you will swim with a school of colourful "Jiggling Jelly Fish" and drop anchor on the most beautiful island in the South Pacific, "Imagination Island." This is a sailing, scuba diving, drawing in 3-D lesson adventure you will want to watch over and over again. Four lessons, 30 minutes each.

120 min. • Gr. 2-8 • 2011 • Crystal • CP7184 • \$44.99



## BIOGRAPHY/ CAREER EDUCATION

### Mark Kistler's Imagination Station: Hovering Hippo!

Got your sketchbook ready for some cool adventure lessons? How about flying over the city with your hovering helicopter hippo buddies? Or perhaps climbing around on your school's "Giraffe Gym?" For more advanced lessons we will be drawing the "Intellectual Insect," a praying mantis with a propensity to read great books. Four lessons, 30 minutes each.

120 min. • Gr. 2-8 • 2011 • Crystal CP7183 • \$44.99

## BIOGRAPHY



### Justin Bieber: Never Say Never



The camera follows Justin Bieber (1994) during the ten days leading up to his August, 2010, sold-out show at Madison Square Garden. Footage of these ten days of concerts, rehearsals, and down time with boyhood friends, his mom, and his entourage is inter-cut with home movies, old photos, and interviews showing a musical prodigy who loves to perform, comes to the attention of an Atlanta agent via YouTube, impresses Usher, and rockets to international stardom soon after his 15th birthday. *See also page 13*

105 min. • Gr. 6-A • 2011 • Paramount • P18127 • \$275

Also Available in French - Item# S18127

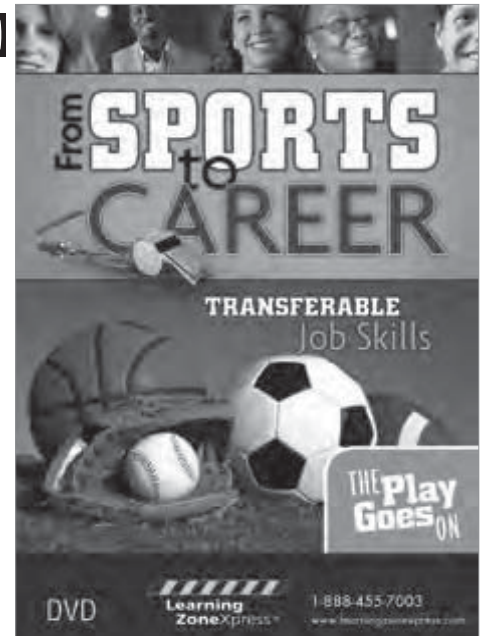
## CAREER EDUCATION

### From Sports to Career: Transferable Job Skills



Teamwork, reliability, cooperation, endurance: habits athletes learn from sports are the very attributes employers want. Personal stories from current and former athletes show how their skills from sports are valued in the workplace and school. From soccer, football, rowing, and hockey, a variety of sports and careers are represented in this enlightening look into the benefits athletes bring to the workplace.

20 min. • Gr. 6-A • 2012 • LZExpress LZ300032 • \$59.95



Over 8,000 titles!

[www.learn360.ca](http://www.learn360.ca)

See back cover for details.



FAMILY STUDIES/HOME ECONOMICS/PARENTING

GUIDANCE



**Sew Thrifty**

Create a unique and fashionable look using second-hand thrift store clothing for your next sewing project! Instructor Kimberly Oedekoven explores her local thrift store while explaining what to look for when shopping and practical thrifting tips to find used clothes to refresh and refashion into something new. Back in the sewing studio, easy sewing projects are demonstrated from start to finish, including: Freezer paper stencil on a sweatshirt; Woven belt from button up shirts; Winter hat from wool sweater; Skirt from pair of jeans.

47 min. • Gr. 6-A • 2012 • LZExpress • LZ300023 • \$59.95



**4 Weeks to a Higher Food IQ**



See page 6 for description & pricing.

20 min. • Gr. 6-A • 2012 • LZExpress • LZ300021



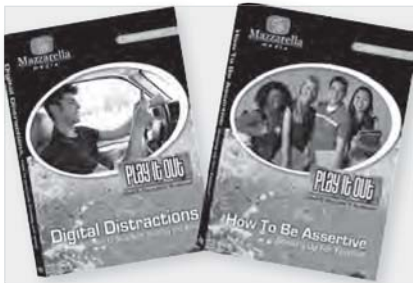
**Amazing Eggs**



See page 7 for description & pricing.

21 min. • Gr. 6-A • 2012 • LZExpress • LZ30002

GUIDANCE



**New from the Play It Out Series**



**Understanding Sexual Consent? (MMP07)**

Sometimes, it's difficult to know if the person you're with wants to be intimate and it's difficult to ask. Consent is a behaviour that clearly shows that the person agrees to the sexual activity; it is not passive. Viewers will understand that giving in is not the same as giving consent and consent can't be assumed. The program shows examples of how manipulators use insults and threats to get what they want and that manipulation is not consent. Teens will learn that saying yes one time does not imply ongoing, unlimited consent and that they can say no at any time. Viewers will see that a misunderstanding may cause physical, emotional and legal consequences that can impact the rest of their lives.

**Am I Ready for Sex? (MMP08)**

Everyone talks about sex, TV shows, movies, magazines, friends and family. But it can be very confusing and difficult for teens to work out what information they need to know before making a decision about becoming sexually active. This program outlines things to consider and suggests that a good question to ask oneself is "am I doing this because it is something I want to do?" Viewers will learn that everyone has a reason to have, or not to have sex, and they should not to give into pressures. It is emphasized that the decision to have sex has got to be on your own terms, and for your own reasons.

**Digital Distractions (MMP05)**

According to an important new poll cell phones, computers and other digital devices have become the technology of choice for teens to communicate with each other. Texting has become the preferred form of communication surpassing face-to-face contact.

**The Sex Talks You Must Have (MMP09)**

For a teen, deciding to become sexually active IS a big deal. It IS a life-changing decision. That's why it's so important to have open and honest discussions with your partner about sex, before you become sexually active. This program is designed to make students aware of the physical and emotional health risks of having sexual relations. The overall message to viewers is that if you're afraid to have these important discussions about sex and you're unwilling to get tested, you may want to reconsider your decision to become sexually active. The program also emphasizes that abstinence is the only birth control method that is 100% effective in preventing pregnancy and protecting people against STDs.

Video modeling scenes demonstrate how to begin a discussion about condoms and provide teens with the language they need to feel confident talking about this important issue. Viewers will learn how to overcome a partner's objections with clear and firm answers. Through various, true-to-life scenarios students will come to learn appropriate and inappropriate times to discuss STDs and contraceptives.

**Assertiveness (MMP06)**

This important program presents true-to-life scenarios where teens are pressured into a behaviour that is risky, illegal or unhealthy. Viewers will learn skills that will help them to be more assertive which in turn will help them have more control of their life, feel more content and confident.

Each: 23 min. • Gr. 7-12 • 2011 • Mazzarella

Board & Post-Sec: \$139.99 • School Site: \$59.99 • Home Use: \$34.99



**The Little Drummer Boy (VeggieTales)**

In this Veggie-version of a holiday classic, Junior Asparagus stars as The Little Drummer Boy, a lonely child who finds the true meaning of Christmas when he stumbles upon the birth of the baby Jesus. A story of generosity, hope and love, this timeless tale will warm the hearts of children everywhere!

Featuring the song "The Little Drummer Boy" with Dove and Grammy award winning artists BeBe and CeCe Winans.

50 min. • Gr. K-6 • 2011 • Big Idea • BIG32894

Board & Post-Sec: \$99.99 • School Site: \$49.99 • Home Use: \$22.99

Please visit our website [www.visualed.com](http://www.visualed.com) for other titles in the VeggieTales Series.



## Visual Education Centre

## GUIDANCE

**Kelso's Choice: Conflict Management Kit***(4th Edition)*

Kelso's Choice Conflict Management Curriculum is based on the premise that every child is capable of becoming a peacemaker. It is comprised of two sections: for Grades K-3 & Grades 4-5. The same core concepts are taught with variations for different developmental and maturity levels. Grades K-3 lessons are designed around Kelso the frog, while Grades 4-5 lessons use K.C.'s Wheel, incorporating images of other 4th and 5th graders. Concrete "choices" become tools for students to use when faced with small problems and are effective in increasing confidence, reducing tattling and bullying. The curriculum can be implemented school wide, in a classroom, in a small-group setting, or for individual counselling.

Complete kit includes a NEW Kelso in Action DVD (20 min), Leader's Guide with printable material, paper puppet cut-outs, coloured Willow Pond Storybook, Kelso puppet, Lily puppet, Grades K-3 poster set, and Grades 4-5 poster set.

**Gr. K-5 • 2011 • Sunburst/Cerebellum • GH4428 • \$399.98****Kelso's Booster Curriculum Kit**

This Booster kit provides additional lesson plans, activities, and games that complement the Kelso's Choice Conflict Management program. Kit includes "Putting Kelso into Play" DVD (20 min) with additional scenarios, two "It's Your Choice" card game decks, one for grades K-3 the other for grades 4-5, that students can play in or outside the classroom plus an extensive leader's guide with additional lessons.

**Gr. K-5 • 2011 • Sunburst/Cerebellum • GH4429  
\$149.98****Some items also available individually:****Kelso's Choice Poster Set for Grades K-3 (10 Pack)**

Item # 1016371 • \$79.95

**K.C.'s Wheel Poster Set For Grades 4-5 (10 Pack)**

Item # GH4434 • \$79.95

**Kelso in Action DVD 4th Edition**

Item # GH4436 • \$89.95

**Franklin and the Gloomy Day**

The weather is gloomy and so is Franklin, when there is no one to play with and nothing to do. With Mom and Dad's encouragement, and his own creative imagination, Franklin learns how to chase away those boredom blues. DVD includes English & French language tracks.

**60 min. • Gr. PreK-2 • 2011 • Nelvana • KAB1159  
Board & Post-Sec: \$99.99 • School Site: \$39.99 • Home Use: \$14.99**Please visit our website [www.visualed.com](http://www.visualed.com) for other titles in the series.

*"When I found the Kelso's Choice program – I hit the jackpot!"*

*- Shannon Stubbs, Elementary School Counselor*

**Kelso's Counselor Activities Toolkit**

A new and exclusive kit created to reinforce Kelso's Choices beyond the schoolhouse walls. This kit is intended for parent use in the home and/or small group counseling sessions. Includes "Kelso Beyond the Classroom" DVD (20 min) with additional scenarios, activities workbook, Willow Pond Storybook, and Kelso's "Hoppin' Home" Board Game.

**Gr. K-5 • 2011 • Sunburst/Cerebellum • GH4430 • \$149.98****Putting Kelso Into Play Booster DVD**

Item # GH4437 • \$89.95

**Kelso Beyond the Classroom DVD**

Item # GH4438 • \$89.95

**Kelso and Lily Puppet Pack**

Includes one Lily puppet and one Kelso puppet.

Item # GH4448 • \$59.95

**The Best of Franklin**

Join Franklin, along with his animal friends, in these wonderful stories as he learns about himself and the world around him. Like most children, Franklin learns by making mistakes. When he fibs, gets lost or acts bossy, he usually finds the solution himself while having fun in the process. DVD includes English & French language tracks.

**66 min. • Gr. PreK-2 • 2011 • Nelvana • KAB1205  
Board & Post-Sec: \$99.99 • School Site: \$39.99 • Home Use: \$14.99****The Great Race**

See page 8 for description &amp; pricing.

**13 min. • Gr. PreK-4 • 2011 • Nutmeg • NMG0096****Stepping On Up with Michael Pritchard (4 Volumes)**

Stepping On Up with Michael Pritchard provides teachers, librarians, and counsellors with a lively and powerful catalyst for group discussion and an invaluable enhancement to any character education, life skills or anti-bullying curriculum. Developed by the producer of LifeSteps and You Can Choose! and hosted by Michael Pritchard, this research-based program instills the necessary social and emotional skills to successfully navigate the profound challenges and changes of elementary school, middle school and the teen years. Each of the four programs includes 4 lessons and each lesson includes two video segments plus a problem-solving leader's guide which provides detailed questions for a scripted discussion as well as follow-up activities.

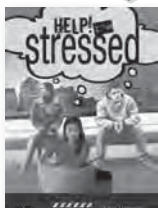
**Titles in Series:**

- *Stepping Up to Bullying* (GG1713)
- *Stepping Up to Cyber Bullying* (GG1714)
- *Stepping Up to Character* (GG1715)
- *Stepping Up to Life Skills* (GG1716)

**4x50 min. • Gr. 3-6 • 2011  
Guidance Group • S0004149  
Series: \$599.95 • Each: \$159.95**

## GUIDANCE

## HEALTH &amp; NUTRITION

**Help! I'm Stressed**

Are you stressed out? The students at Martindale High School are. They don't like feeling tense and they don't know what to do about it. But help is coming and you're invited to go along. Learn exactly what stress is and discover that there is both bad stress and good stress. Not everyone experiences stress the same way. You'll understand the many

symptoms of stress. Then you'll uncover all kinds of strategies to keep stress levels in balance. When you know what stress is, what the symptoms are and how proven strategies can work, you'll be able to handle whatever life brings you!

**26 min. • Gr. 6-A • 2012 • LZExpress • LZ300017 • \$89.95**

**Helping Children Cope with Frightening Events... What You Can Do!**

See page 11 and 21 for description & pricing.

**25 min. • Professional • 2005 • Educational Activities • EAI794**

**Straight Talk About Puberty for Boys**

See page 6 for description & pricing.

**15 min. • Gr. 5-8 • 2012 • Marsh Media • MARSH100**

**Straight Talk About Puberty for Girls**

See page 6 for description & pricing.

**15 min. • Gr. 5-8 • 2012 • Marsh Media • MARSH101**

**Wash Those Hands! (Updated for 2012)**

See page 6 for description & pricing.

**10 min. • Gr. K-5 • 2012 • Marsh Media • MARSH099**

**Princess and the Pop Star - A Lesson in Being Yourself**  
(VeggieTales)

Princess Poppyseed's life on her family's farm is far from the glamorous world of her favorite pop singer Vanna Banana. While Princess milks the cows and dreams of a life on stage, Vanna has her own dreams of a life far from the hectic pace of stardom that leaves her feeling alone and lonely. On a chance meeting at a playground, Vanna and Princess cross paths and realize they look almost exactly alike, which leads to the crazy notion that maybe they could switch lives! In a flash, the girls' secret plan is launched and Princess is whisked to her new life as a pop star while Vanna gets to live her dream of a life away from the pressure of fame! As Princess tries to live up to the demands of being a diva and Vanna learns how to milk the cows, things don't go as smoothly as they would like! As each girl realizes the life they longed for doesn't fulfill all their dreams, they learn that the life God gave them is the one for which they were uniquely and lovingly designed.

**50 min. • Gr. K-6 • 2011 • Big Idea • BIG32764**

**Board & Post-Sec: \$99.99 • School Site: \$49.99 • Home Use: \$22.99**

Please visit our website [www.visual.com](http://www.visual.com) for other titles in the series.

## HEALTH &amp; NUTRITION

**New from the Talk It Out Series****Puberty for Boys (MM3223)**

Through interviews and discussions with preteens and teens, animation and graphics, this program will help viewers to understand what puberty is and what they can expect when their bodies begin to change. This program addresses boys' common questions about their body. The program also addresses the ways boys can take care of their changing body and stay healthy.

**Puberty for Girls (MM3222)**

Through interviews and discussions with preteens and teens, animation and graphics, this program will help viewers to understand what puberty is and what they can expect when their bodies begin to change. This program addresses girls' common questions about their body. The program also addresses the ways girls can take care of their changing body and stay healthy.

**Each: 15 min. • Gr. 5-7 • 2011 • Mazzarella**

**Board & Post-Sec: \$139.99**

**School Site: \$59.99 • Home Use: \$34.99**

**Choose My Plate: A Lunch Lady's Guide to Healthier Eating**

She's hip. She's funny. She knows her stuff. She's the Lunch Lady and she's showing kids how to whip

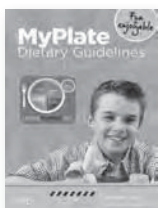


up nutritious breakfast, lunch and dinner specials using new dietary guidelines. The Lunch Lady cooking show is on the air and she'll guide students as they learn how to make smart choices from every food group, understand balance between food and physical activity and get the most nutrition out of meals and snacks. How many vegetables should you eat? Why is whole grain better for you? What is obesity? These and other important health questions are answered in this fun, fast paced cooking show format

**17 min. • Gr. 3-8 • 2011 • Mazzarella • MM3221**

**Board & Post-Sec: \$139.99 • School Site: \$49.99**

**Home Use: \$34.99**

**MyPlate Dietary Guidelines for Elementary Students**

Go into the kitchen with Registered Dietitian Melissa Halas-Liang as she shows two students how some of their favourite meals can be both nutritious and delicious by using the MyPlate guidelines. Key messages for each food group are explained while they apply the dietary guidelines to a variety of favourite foods, including favourite foods like tacos and pizza; breakfast; snacks. The kitchen how-to segments are interspersed with interviews of real kids eating and talking about their favourite nutritious foods!

**23 min. • Gr. 1-6 • 2012 • LZExpress • LZ300020 • \$59.95**





**Common Conditions, (Vol. 1)**

Health issues can be complex, confusing, and even scary – especially for kids - but they don't have to be. This program includes 14 x 3-4 minute animated segments, which cover a range of common health issues in unique and engaging ways. It is designed to educate kids and adults with messages that are simple, easy to understand, and... dare we say it...fun!



**Topics include:** *What is: Anesthesia; Appendicitis; Broken Bones & fractures; Bronchitis; Cancer; Dehydration; Diabetes; Diabetes Type 1; Diabetes Type 2; Epilepsy; Fractures; Gastroenteritis; Pneumonia; Surgical Infections; Postoperative Infections; Vaccines.*

Produced by an Emmy Award-winning team and thoroughly reviewed by a team of medical experts using evidence-based data, this program engages audiences to increase health literacy, and improve both short-term knowledge, and long-term retention. These animated health segments are a valuable addition to any health education library.

**52 min. • Gr. K-6 • 2011 • Health Nuts Media**  
**Board & Post-Sec: \$99.99 • School Site: \$49.99 • Home Use: \$34.99**



**Energy Balance**



Being physically active and eating well from the food groups are key to balancing your energy. Registered Dietitian Melissa Halas-Liang dis-

cusses the nutrition basics of the energy equation, while a personal trainer explains the importance of balancing the equation by using that energy. Discover: Short-term and long-term benefits of physical activity; Tips to be active each day; How to overcome common excuses; How to continue being active into adulthood.

**20 min. • Gr. 6-A • 2012 • LZExpress • LZ300027**  
**\$89.95**



**Straight Talk About Puberty for Girls**



As an alternative to story-driven programs, this new title is streamlined and trimmed down to "just the facts" - which makes it slightly shorter, and definitely crisper

and more to the point. Girls in this grade range will learn about: The female reproductive system; Hygiene and good grooming; The dangers of alcohol, tobacco, and other drugs to growing bodies; Emotional and physical changes of puberty; Importance of exercise and good nutrition. For a fresh modern take on this topic, with exciting graphics and music by Rainmaker Bob Walkenhorst, you will find STRAIGHT TALK ABOUT PUBERTY very useful for class discussion. FREE Pocket size Teaching Guide included with the DVD.

**15 min. • Gr. 5-8 • 2012 • Marsh Media**  
**MARSH101 • \$99.95**

**The Sex Talks You Must have (MMP09)**

See page 16 for description & pricing.

**Each: 23 min. • Gr. 7-12 • 2011 • Mazzarella**  
**MMP09**



**Straight Talk About Puberty for Boys**



Companion to the program for girls, but designed to be shown to boys alone, this DVD is equally clean and fresh in its approach. Some new, and appropriate, material just for boys is included in this new title. Boys in this grade range will learn about: The male reproductive system; Hygiene and good grooming; The dangers of alcohol, tobacco, and other drugs to growing bodies; Emotional and physical changes of puberty; Importance of exercise and good nutrition. STRAIGHT TALK ABOUT PUBERTY FOR BOYS will help answer many of those important, but often not asked, questions that maturing boys always have. FREE Pocket size Teaching Guide included with the DVD.

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**15 min. • Gr. 5-8 • 2012 • Marsh Media**  
**MARSH100 • \$99.95**

**Am I Ready for Sex?**

See page 16 for description & pricing.

**Each: 23 min. • Gr. 7-12 • 2011 • Mazzarella**  
**MMP08**



**Wash Those Hands!**  
*(Updated for 2012)*



You loved the classic version of WASH THOSE HANDS! so in response, this new updated version contains the latest information, and compelling reasons to keep on washing those hands! This fresh new DVD, with new photographs, narration and music, may be used effectively with younger students as the prelude to KEEP IT CLEAN! for older students. Students will learn about: The benefits of hand washing for everyone; All about germs - What are they? Where are they? How do they make people sick?; Getting rid of germs - When is hand washing most important?; What is the best way to wash your hands?; What to use when soap and water is not available. As an introduction to basic personal hygiene, this video is also a useful component of an elementary AIDS education curriculum and a variety of special education programs. FREE Pocket size Teaching Guide included with the DVD.

**10 min. • Gr. K-5 • 2012 • Marsh Media**  
**MARSH099 • \$99.95**

**4 Weeks to a Higher Food IQ**



Reality TV meets the new MyPlate Dietary Guidelines in this real-life video example of a teen accepting a new challenge each week. Registered dietitian Christina Meyer-Jax gives our teen, Lexi, advice, feedback and encouragement with four dietary/fitness challenges, including: Eat balanced. Move more; Eat more good stuff; Eat less bad stuff; Move! Watch Lexi transform as she increases her food IQ and activity level.

**20 min. • Gr. 6-A • 2012 • LZExpress • LZ300021**  
**\$104.95**



**Food Allergies: A Little Knowledge Can Prevent Some Big Problems**



What is the difference between a food allergy and a food sensitivity? Why do some schools have peanut-free zones? What is Celiac disease? Are some people sensitive to food dyes? Join in on a discussion of food issues with an allergy expert as well as real people who live with food sensitivities and life-threatening food allergies every day. Learn the steps you can take whether you have an allergy, work with food, or know

someone with an allergy. A little knowledge can prevent some big problems.

**20 min. • Gr. 6-A • 2012 • LZExpress • LZ300018 • \$59.95**



## HEALTH &amp; NUTRITION

## LANGUAGE ARTS/LITERACY &amp; LITERATURE

**Amazing Eggs**

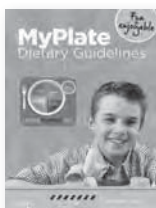
Explore the versatility of eggs! Discover the uses of various sizes and grades of eggs, what the eggshell's colour means, egg nutrients, how to store eggs, cooking temperatures and more. Chef Dave Christopherson explains the many uses of the egg while demonstrating a variety of delicious, easy to prepare egg dishes.

**21 min. • Gr. 6-A • 2012 • LZExpress • LZ300024 \$59.95**

Also Available:

**Amazing Egg Activities Guide • LZ628001 \$34.95**

This activity guide complements the Amazing Eggs DVD. Students engage in hands-on activities that integrate science, math, art, reading, health, and life skills and follow simple recipes to create tasty egg dishes. Perfect for the classroom or after school programs!

**MyPlate Dietary Guidelines: Create a Great Plate**

When's the last time you ate off a pyramid? The MyPlate Dietary Guidelines DVD is based on the USDA's MyPlate campaign. The DVD shows teens

what healthy eating looks like, and tells them how to: Make at least half your grains whole; Vary your veggies; Focus on fruits; Get your calcium-rich foods; Go lean with protein.

**20 min. • Gr. 6-12 • 2012 • LZExpress • LZ300033 \$89.95**

**Teaching Systems Nutrition Complete Series (8 Volumes)**

The Standard Deviants School Teaching Systems engage and educate

students with multimedia programs and classroom materials. These complete systems include everything educators need for their lesson plans.

**Titles in Series:**

- *Teaching Systems Nutrition 1: Intro: Cells and Macronutrients (GH4414)*
- *Teaching Systems Nutrition 2: What Your Body Does with Food (GH4415)*
- *Teaching Systems Nutrition 3: The Food Spectrum (GH4416)*
- *Teaching Systems Nutrition 4: Micronutrients: Vitamins, Minerals, and Water (GH4417)*
- *Teaching Systems Nutrition 5: Preventing Nutritional Disorders (GH4418)*
- *Teaching Systems Nutrition 6: Eating In Context (GH4419)*
- *Teaching Systems Nutrition 7: Where Does Your Food Come From? (GH4420)*
- *Teaching Systems Nutrition 8: The Savvy Eater (GH4421)*

**8x26 min. • Gr. 7-12 • 2011 • Cerebellum S0004200 • Series: \$429.99 • Each: \$59.99**

**Classroom Chair Pilates with Karen Lanman**

See page 9 for description & pricing.

**30 min. • Gr. K-8 • 2011 • Mazzarella • MM3220**

**Understanding Sexual Consent?**

See page 16 for description & pricing.

**Each: 23 min. • Gr. 7-12 • 2011 • Mazzarella MMP07**

**How Did That Get In My Lunchbox? The Story of Food**

See page 8 for description & pricing.

**18 min. • Gr. PreK-4 • 2011 • Nutmeg • NMG0097 \$69.99**

## LANGUAGE ARTS

**Spanish for Kids: Intermediate (Volume 1)**

This program helps Spanish learners quickly build essential vocabulary, grammar and conversational skills. Watch as the Fernandez family hosts an exchange student from Spain for the summer. Learn useful phrases related to geography, weather, travel, shopping, directions and much more. Interactive DVD games and lively songs keep the whole family engaged. Designed for learners with previous exposure to Spanish.

**45 min. • Gr. K-8 • 2011 • Language Tree • LTLSP101 • Boards/Schools: \$59.99 • Home Use: \$34.99**

Also Available:

**Spanish For Kids: Beginner Level 1, Volume 1 • LTLSP01**

**Spanish For Kids: Beginner Level 1, Volume 2 • LTLSP02**

## LITERACY &amp; LITERATURE

## ANANSI'S PARTY TIME



In this fifth story in the delightful series about the trickster spider, Anansi receives his comeuppance from Turtle. When Anansi invites Turtle to a party just to trick him, Turtle finds his own hilarious way to exact his revenge. The droll humour and the bold, brightly coloured illustrations combine for another hilarious tale. Written by Eric A. Kimmel, illustrated by Janet Stevens, and narrated by Jerry Terheyden. Iconographic production. This DVD is shot directly from the original art and is a word-for-word narration of the book text.

**14 min. • Gr. PreK-2 • 2011 • Live Oak LOM08832 • \$39.99**

Also Available for \$39.99 each:

**Anansi and the Magic Stick - LOM06708**

**Anansi & the Moss Covered Rock - LOM94773**

**Anansi and the Talking Melon - LOM03837**

**Anansi Goes Fishing - LOM05114**

**Family Pack**

A Picture Book on DVD (Iconographic): Based on actual events that occurred during the reintroduction of 14 Canadian wolves to Yellowstone National Park in 1995, this story recounts

the experiences of a young female wolf who struggles to survive alone in the park's 2.2 million acre wilderness. Gradually, she learns how to hunt on her own and adapts to her new home. After a harsh winter without her pack, the story ends happily for Female Wolf 7 when she finds a mate, and they and their cubs form a new family pack. The program includes an Author's Note with information about the Canadian wolves in Yellowstone and Gray Wolves Are Amazing with fascinating facts about wolves. Includes A Conversation With the Author. Also includes a Study Guide (on the reverse side of the cover art).

**17 min. • Gr. PreK-4 • 2011 • Nutmeg • NMG0095 \$69.99**





### How Did That Get In My Lunchbox? The Story of Food

A Picture Book on DVD (Iconographic): In this light-hearted non-fiction introduction to how food is cultivated and processed, children discover how bread and cheese are made, how tomatoes and carrots are grown, how juice gets into a juice box and chocolate chips get into a cookie - and much more. Engaging illustrations show all the people involved in getting food into the lunchbox - from the tractor driver to the dairy farmer to the baker to the food processor and many others. The program includes a Food Facts section that explains the basic food groups and provides tips for healthful eating. Includes A Conversation With the Author. Also includes a Study Guide (on the reverse side of the cover art).

**18 min. • Gr. PreK-4 • 2011 • Nutmeg • NMG0097**  
**\$69.99**



### Yucky Worms

A Picture Book on DVD (Iconographic): "Yucky!" says a young boy about the worms his grandmother digs up in her garden. But he soon changes his mind when he discovers how interesting worms really are - and how important they are in helping the soil, plants and animals in the garden. This lighthearted study is enhanced with appealing artwork and the witty comments of the many worms who live in Grandma's garden. Extra features include, Wormy Facts and How To Be A Wormologist that provide more information about worms and garden experiments children can try on their own. Includes A Conversation With the Author. Also includes a Study Guide (on the reverse side of the cover art).

**17 min. • Gr. PreK-4 • 2011 • Nutmeg • NMG0098**  
**\$69.99**



### The Great Race

A Picture Book on DVD (Iconographic): Tired of listening to Lever Lapin boast about being the fastest runner in the world, Nate Tortoise mumbles that he "could probably beat" the conceited hare in a race. No sooner are the words out of Nate's mouth, then the great hare himself accepts the challenge. On the day of the race the over-confident Lever stops to give autographs, kiss the ladies



### The First Grader

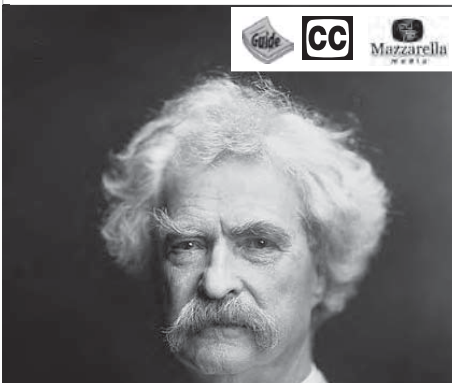
Set in a mountain village in Kenya the film tells the remarkable true and uplifting story of a proud old Mau Mau veteran who is determined to seize his last chance to learn

to read and write - and so ends up joining a class alongside six year-olds. Together he and his young teacher face fierce resistance, but ultimately they win through - and also find a new way of overcoming the burdens of the colonial past.

**120 min. • Gr. 7-A • 2010 • Maple Pictures**  
**CF0876 • \$275**

Also Available in French - Item# HFO876

### Mark Twain: The First Truly American Writer



To fully appreciate the writings of Mark Twain (Samuel Clemens' pseudonym) it is important to look at and understand the life of Samuel Clemens - both his successes and his failures. Through interviews with renowned Mark Twain impersonator John Pogson, vintage film and photos, this program gives students an opportunity to examine the life of the man who became - and still is - an American icon.

**22 min. • Gr. 7-12 • 2011 • Mazzarella • MM3217**  
**Board & Post-Sec: \$129.99 • School Site: \$59.99**  
**Home Use: \$34.99**

and generally show off while Nate plugs away toward the finish line. This comic tongue-in-cheek retelling of "The Tortoise and the Hare" finishes with an amusing twist on the time-honoured moral: "Better Nate Than Lever!" Includes A Conversation With the Author-Illustrator. Also includes a Study Guide (on the reverse side of the cover art).

**13 min. • Gr. PreK-4 • 2011 • Nutmeg • NMG0096**  
**\$69.99**

## MEDIA STUDIES

### Movie Making 101: A Beginner's Guide to Filmmaking



Movie Making 101 gives an overview of all the major stages of making a movie as presented by an amusing chalkboard teacher. It is interspersed with practical ideas that are perfect for a filmmaker on a tight budget with limited resources. Some of the subjects include:

- How to get story ideas
- Outlining your story
- Why and how to use storyboarding and animatics
- Sets and costumes
- Choosing and buying equipment
- Finding people to work with
- Directing actors
- Communicating through lighting
- Communicating through camera movements
- Ideas for recording better sound
- How to use transitions
- Foley and sound libraries
- Visual effects
- Colour correction and colour grading
- Music And more!

**55 min. • Gr. 7-12 • 2011 • Moviemakers**  
**MOVMM01 • Board & Post-Sec: \$129.99**  
**School Site: \$59.99 • Home Use: \$34.99**



### The Greatest Movie Ever Sold

Boundary-pushing Oscar-nominated filmmaker Morgan Spurlock explores the world of product

placement, marketing and advertising in POM WONDERFUL PRESENTS: THE GREATEST MOVIE EVER SOLD, a film that was fully financed through product placement from various brands, all of which are integrated transparently into the film. While using brands in film promotion is not new for Hollywood, it certainly is new territory for the documentary format. Spurlock exploits the phenomenon to new heights, with everything from branded pizza boxes and in-flight film promotions to branded-everything in-film.

**90 min. • Gr. 7-A • 2011 • Mongrel • MON1667**  
**\$275**

Also Available in French - Item# KON1667

## PHYSICAL EDUCATION &amp; SPORTS

Classroom Chair Pilates  
with Karen Lanman

Refocus and energize your students with Classroom Chair Pilates. This innovative program teaches students at every grade level simple breathing and exercise techniques. Pilates utilizes small movements of core muscles that stimulate blood flow and regulate breathing enabling children to increase their attention span and improve their posture. Includes a series of short video segments demonstrating simple chair Pilates exercises that can be used individually in your classroom or grouped together as a physical education component. If used regularly, Classroom Chair Pilates is a great program for children with special needs and children with transitional difficulties by defining the beginning and the end of daily activities.

**30 min. • Gr. K-8 • 2011 • Mazzarella • MM3220**  
**Board & Post-Sec: \$99.99 • School Site: \$49.99**  
**Home Use: \$34.99**



## Golf Tips and Techniques

Dramatically improve your game with the help of professional golfer's all-time leading tournament winner, Kathy Whitworth. In this comprehensive DVD, Kathy offers numerous tips and techniques to help you become a better golfer. Among the topics covered are:

Square Club Face, How to Aim, Ball Positioning, The Takeaway, The Weight Shift, Position of the Arms, Clipping the Grass, Holding Your Finish, Pre-Shot Routine, Pitching, Chipping, Sand Trap Play, Long Putts and Short Putts. Kathy Whitworth's Tips and Techniques will benefit golfers of all skill levels.

**40 min. • Gr. 6-A • 2011 • SportVideos • SV154**  
**Boards/Schools: \$59.99 • Home Use: \$39.95**

Physical Education  
Games - Volume 1

Are you looking for some fun and new ideas to teach your students and keep them active? In this DVD, Don Puckett presents a number of different activities

that deal with various skills and fitness objectives. The games and activities taught and demonstrated are: Touch and Go, Five Passes, Everyone Is It, Low Ball, Circle Stride Ball, Aerobic Numbers, Aerobic Scrabble, Line Tag, Cooperative High Fives, Fine Motor Circuit, Cooperative Tubes Relay and Cooperative Sheets. These activities will help maximize time, equipment and space and keep children active and moving. The DVD contains a pdf file to allow teachers to print out descriptions and rules of the games. All these activities can be modified and used with practically every grade level.

**69 min. • Gr. K-8 • 2011 • SportVideos • SV151**  
**Boards/Schools: \$59.99 • Home Use: \$39.95**

## Physical Education Games (Volume 2)

Would you like to add some creative new ideas to your physical education program? This DVD, featuring Don Puckett, is an ideal resource for implementing several new fun-packed games and activities into your classes. The games and activities included are: Hook Up, Rock, Paper Scissors Challenge, Cone Tip, Cone Tip Softball, Quarterback Rescue, Ultimate Handball, Bowl, Shoot or Pass, Scoot and Shoot, Capture the Pin Soccer, Partner Tag, Smart Dice and Winner's Court. The DVD contains a pdf file to allow teachers to print out descriptions and rules of the games. These games maximize participation and cooperation and can be easily modified and incorporated into any physical education program.

**88 min. • Gr. K-8 • 2011 • SportVideos • SV152**  
**Boards/Schools: \$59.99 • Home Use: \$39.95**

## Energy Balance

See page 6 for description & pricing.

**20 min. • Gr. 6-A • 2012 • LZExpress • LZ300027**



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See back cover for details.

44 Baseball Mistakes  
and Corrections

This program provides explanations of some of the most common and recurring baseball mistakes that happen in youth baseball

games. If you are a coach or parent in a recreational or competitive youth baseball league, this video will break down the individual and team mistakes that can be corrected by some basic practice principles that will result in better hitting, pitching, and fielding. The video highlights: Hitting Mistakes; Pitching Mistakes; Baserunning Mistakes; Fielding Mistakes; Coaching Mistakes; Equipment Mistakes; Backing Up Mistakes; Sliding Mistakes; And More. *"Highly recommended."*

- Video Librarian

**36 min. • Gr. 7-A • 2011 • Youth Sports Club**  
**YSC0127 • Boards/Schools: \$59.99**  
**Home Use: \$34.99**

## From Sports to Career: Transferable Job Skills

See page 15 for description & pricing.

**20 min. • Gr. 6-A • 2012 • LZExpress • LZ300032**  
**\$59.95**

## Table Tennis Tips and Techniques

This comprehensive DVD features instruction from one of the top players in the world, Gao Jun. She provides numerous tips and techniques that will help give you an edge over the competition. Among the topics covered are equipment, footwork, forehand, backhand, serves, return of serve, strategies, tips for doubles, and much more. Gao Jun can help improve the level of your game and teach you to play like a champion! Gao Jun started playing table tennis in China when she was five years old. She trained day-after-day with some of the top coaches and players in China and became one of the top players in the country. In 1992 Gao Jun won a silver medal in Barcelona Olympic Games. Gao Jun has since become a U.S. citizen and is now the top ranked woman player in the USA. She has won the US National Champion title for a record of nine years, more than any other single player, and she has represented the US on both the National and Olympic Team level. In recognition of her impressive achievement record, she was inducted into the USATT Hall of Fame in 2009. She is the co-owner of Gao Jun Table Tennis club in El Monte, California.

**Gr. 6-A • 2011 • SportVideos • SV153**  
**Boards/Schools: \$59.99 • Home Use: \$39.95**



# Visual Education Centre

## SCIENCE: ENVIRONMENT/ ENVIRONMENTAL STUDIES

## SCIENCE: NATURE/SOCIAL STUDIES

### Extreme Environments Series (26 Volumes)



We live in a world full of contrasts. From the coldest to the driest, the most populated to the most remote, the highest to the lowest locations - and everything in between. This series examines the impact that these extremes in nature have on the environment and vice versa. Additionally we observe the changes our planet has endured through the passage of time.

#### Titles in Series:

- Air
- Climate Change
- Desert
- Drought
- Earth
- Earthquakes
- Extinction
- Fire
- Flood
- Forests
- Glacier
- Ice
- Islands
- Lakes
- Mars
- Mountain
- Ocean
- Reef
- Rivers
- Space
- Storms
- Sun
- Tropic
- Urban
- Volcanoes
- Wilderness

26x30 min. • Gr. 6-A • 2010 • TVS • S0004199

Series Price – Boards/Schools: \$1,165

Home Use: \$775

Price Each – Boards/Schools: \$59.99

Home Use: \$29.99



### Our Daily Bread Series (13 Volumes)



This world-renowned documentary series combines tantalizing visual images with informative, entertaining narratives to explore the historical, social and cultural aspects of bread, often referred to as "the staff of life." From its humble ingredients of flour, water and sometimes yeast, bread has been molded and baked into dozens of shapes by different



### Bailey's Big Back Yard Series



Bailey's Big Back Yard is based on the premise that the world is our back yard.

This groundbreaking series features animated characters that interact and experience the whole world. Along the way Bailey makes drawings in his "terrific scientific journal." The journal is reviewed at the end of each program as a recap of what is learned.

#### Air and Wind (MM3224)

In this program, Bailey learns about the wind as he experiences it. With help from his magical magnifying glass, Bailey and viewers learn about the complexity of wind and air and come to understand that air is moving all around us.

#### Hot Days (MM3225)

Bailey is planning a fun summer day's activity with Boggs. Bailey realizes that knowing what the weather will be is important and comes to understand that the middle of the day is the hottest time. They learn about keeping themselves and their food cool. Maggie explains how the sun's rays can be harmful and that people need to plan for protection as well as for fun.



### Understanding Weather

This program explores the many factors that create weather systems and provides an introduction to the basics of weather, including weather patterns, atmospheric variations and how weather systems are formed. Students learn: How weather can affect us; Local weather signs; Relative humidity; Clouds & cloud formations; Fog; Air pressure systems; Weather forecasts; Weather maps & symbols; Weather behavior; Weather & animals.

40 min. • Gr. 6-12 • 2011 • TMW • K4281DVD • \$43.95

### It's Freezing (MM3226)

When Bailey plans for some wintertime activities, he looks at cold weather and discovers how he can stay warm, and retain heat by insulation. Animated graphics help viewers to learn about different temperatures

### It's Raining (MM3227)

In this program Bailey follows a rainstorm from the beginning to the end. Through his magical magnifying glass, he comes to understand what happens to cause a rainstorm and why. Bailey learns how people are affected by rain as he explores the properties of water.

### Powerful Weather (MM3228)

Bailey learns the way in which weather affects people all over the world. Through his adventure, he comes to understand how weather affects the clothes we wear, our homes as well as the animals and land all around us.

Each: 15 min. • Gr. K-3 • 2011

Mazzarella • Board & Post-Sec: \$129.99

School Site: \$49.99 • Home Use: \$34.99

## SOCIAL STUDIES

cultures over history. Yet few people really know much about the bread they routinely consume. "Our Daily Bread" educates, entertains, and entices viewers by providing a fresh perspective on the modern diet.

13x24 min. • Gr. 6-A • 2000

Sky Merchants • S0004194

Series Price – Boards/Schools: \$995

Home Use: \$575

Price Each – Boards/Schools: \$79.99

Home Use: \$44.99

#### Titles in Series:

- Getting to Know Bread - SKYODB01
- The French Connection - SKYODB02
- Indian Bread - SKYODB03
- Sandwich - SKYODB04
- Bread and Butter - SKYODB05
- Bread Around the Clock - SKYODB06
- Italian Bread - SKYODB07
- Malay Bread - SKYODB08
- Fillings In Bread - SKYODB09
- Buns - SKYODB10
- Turkish and Middle Eastern Bread - SKYODB11
- Fried Bread - SKYODB12
- Bread Shapes - SKYODB13



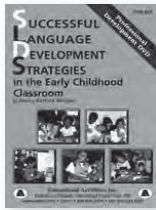
PROFESSIONAL DEVELOPMENT



**Stopping Bullying Through the IEP**

This program demonstrates to educators and parents the importance of implementing a social skill program through speech and language therapists, social workers and special education teachers. It demonstrates that positive outcomes can occur when the team focuses on what the skill deficits are for a child in social skills and pragmatic language, and can slowly, develop those skills for that child.

**30 min • PD • 2011 • Mazzarella • MM3205**  
**Board & Post-Sec: \$139.99 • School Site: \$59.99**



**Successful Language Development Strategies in the Early Childhood Classroom**

Using best practices that help develop language skills in a comprehensive and engaging way, this program demonstrates successful language development techniques. The DVD takes place in exemplary classrooms and shows teaching strategies that facilitate language and vocabulary with diverse classes.

**25 min. • Professional • 2003 • Educational Activities • EAI800 • \$109.95**



**Helping Children Cope with Frightening Events... What You Can Do!**

Help children recover from the effects of a frightening event, whether it be caused by earthquakes, violent weather, or terrorism.

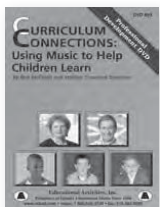
The program clearly defines and illustrates the most typical symptoms children exhibit, then it shows activities and steps educators can take to help children cope and overcome the trauma of the event. The program also includes a comprehensive 40-page Leader's Guide that provides handouts of workshop activities for teachers.

**25 min. • Professional • 2005 • Educational Activities • EAI794 • \$109.95**

**Springboard to Literacy**

This multipart training DVD demonstrates a variety of teaching strategies to promote literacy while addressing the diversity of children in today's classes. See how you can dramatically increase children's literacy skills by encouraging them to represent concepts through art and cooking.

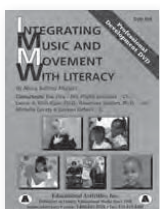
**25 min. • Professional • 2005 • Educational Activities • EAI805 • \$109.95**



**Curriculum Connections: Using Music to Help Children Learn**

This video workshop gives early childhood teachers easy and powerful teaching strategies for using music in classes to increase understanding of important literacy skills like phonemic awareness, sequencing, math concepts, and science skills.

**28 min. • Professional • 2004 • Educational Activities • EAI803 • \$119.95**

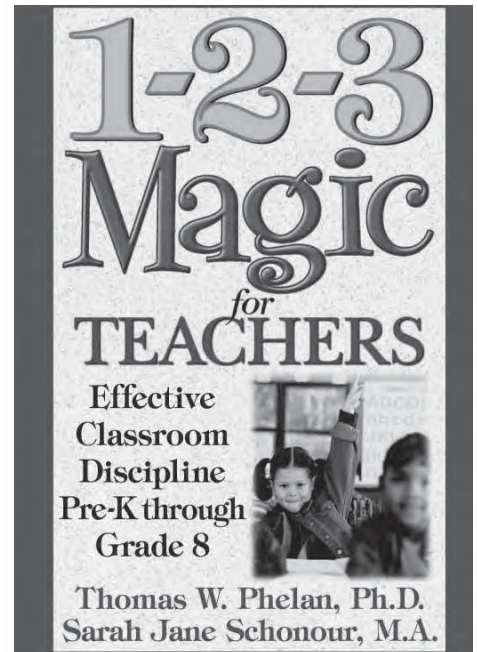


**Integrating Music and Movement with Literacy**

This video workshop shows how to promote literacy skills with music and movement. Using songs from Hap Palmer, Ella Jenkins, Frank Leto, Brenda Colgate, Rick Charette and others, this program teaches viewers how to integrate music, movement and literacy in the early childhood classroom.

**25 min. • Professional • 2004 • Educational Activities • EAI804 • \$109.95**

**1-2-3 Magic for Teachers**



Shot on location with real students and teachers as well as professional talent, this DVD takes the guesswork out of classroom discipline. This engaging, humorous presentation is guaranteed to make classroom discipline less exhausting. It explains in straightforward language exactly how teachers can establish and maintain reasonable control of their classrooms, focus on the academics, and enjoy their time with their students. Educators will learn three simple but critical discipline steps:

*STEP 1: How to control undesirable behavior such as talking in class, disrespect, teasing, getting out of seats and/or arguing.*

*STEP 2: How to encourage positive behavior such as doing work, listening, transitioning, cleaning up and/or raising hands.*

*STEP 3: How to build relationships with students that last throughout the year. In addition, 1-2-3 Magic for Teachers explains the effects of personality on teaching style, as well as successful methods for handling assemblies, recess, lunchtime, field trips and hallways. Useful tips for communicating productively with parents and coordinating home/school discipline efforts are also included.*

**180 min. • Adult/Professional • 2011**  
**Parent Magic • PM015 • \$59.99**

**Also Available: 1-2-3 Magic for Teachers Book (248 pgs) • PM015,BK • \$22.99**



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See back cover for details.



## Visual Education Centre

## ART &amp; ART HISTORY



8x30 min. • Gr. 9-A • 2011 • Kultur  
S0004192

Series Price – Boards/Schools: \$399

Home Use: \$199

Price Each – Boards/Schools: \$49.99

Home Use: \$24.99

### Gallery of the Masters Series (8 Volumes)

This new series presents a fascinating look at some of the greatest artists and their masterpieces. Filmed entirely on location, the programs provide a comprehensive lesson in art history.

#### Titles in Series:

- *Edgar Degas: Of Dandies, Ballerinas and Women Ironing (D4740)*
- *El Greco: Mystic Under the Blazing Sun (D4738)*
- *Goya: From Humble Abode to Royal Palace (D4737)*
- *Leonardo da Vinci: The Universal Genius (D4701)*
- *Michelangelo: Captured in Stone (D4702)*
- *Paul Cezanne: The World in an Apple (D4742)*
- *Rubens: Passion, Faith, Sensuality and the Art of the Baroque (D4739)*
- *William Turner: Visions of Color and Light (D4741)*



### Secrets of the Divine: The Altarpiece of Ciudad Rodrigo

For the first time, researchers uncover what lies beneath 500 years of Spanish altar paintings, revealing surprising

insights into the lives of Fernando Gallego and the artists of his time. Notable for their size and number, the panels treat the Christian subjects of Genesis, the life of Christ, and the Last Judgment. A five year project of collaborative research uncovers preliminary under drawings beneath the final layers of the paintings that unlock secrets involving art, literature, history, and religion. Only 26 panels remain, carefully restored by art historians and researchers looking for the answers.

60 min. • College / Adult • 2011 • PBS • SCDV701  
\$69.99



### Architectures 5

A privileged, unprecedented inside look at the work of superstar architects and some of their most brilliant creations, produced by the European public television channel ARTE. The art of

architecture comes alive in this collection of short films on the world's most pivotal examples of architectural construction. Each segment focuses on a structure chosen for its unique aesthetic and for the extraordinary role it has played in the evolution of architectural design. Each building or site is explored from top to bottom, examined from the foundation to the roof, and dissected from model to completed structure. Includes English, German, and French language options.

160 min. • College / Adult • 2007 • Facets Video  
DV95210 • \$49.99

Also Available: *Architectures 1-4* • \$49.99 each



### Magritte: Day and Night

As mystifying and peculiar as his work, Rene Magritte painted in a style that was at once real and surreal, witty and disturbing. His enigmatic nature and amazing career

deserve more than a routine documentary, and director Henri de Gerlache is up to the task. In this informative but unusual film, Charlie Dupont plays an actor hired to portray Magritte. He researches the artist's life and career, hoping to uncover his personality and unlock the meaning to his paintings. As the actor digs into Magritte's life story, we learn the highs and lows of the painter's career. The dramatic narrative is intercut with comments and interviews with art historians and experts, including photographer Duane Michals. A clever interpretation of one of the 20th Century's most recognizable painters. In English, French and German.

52 min. • College / Adult • 2009 • Facets Video  
DV101055 • \$49.99



### Scandalous Impressionists

Who doesn't love the Impressionists? Even people who know little about art recognize their names and see their exhibits. But 135 years ago, painters such as Monet, Renoir, Pissarro,

and Degas created a sensation -- a bona fide French scandal -- at the painting salons because they dared to paint color, form, and light differently. They dared to see differently. Considered rebels, rascals, and radicals, the Impressionists questioned the standard practices of painting, challenged the Academy's authority over those practices, criticized the tastes of galleries and salons, and revolutionized how and what to paint. This documentary offers insight into the artistic world's mistrust of the Impressionists and chronicles the movement's 30-year struggle for legitimacy -- a cause championed by art dealer Paul Durand-Ruel. The origins of modern art can be found in the brushstrokes of the Impressionists.

52 min. • College / Adult • 2010 • Facets Video  
DV100984 • \$49.99



### Arts & Myths, (Volume 2)

Arts and Myths Volume 2 returns to the heart of the "first arts" to introduce us to more major artistic pieces from Africa, Oceania, the Americas, and Asia. Each

of the six half-hour films in this one-of-a-kind collection explores the myths behind a magnificent work of art, including: An Itamul Skull from New Guinea; A Hopi Kachina Doll from the American Southwest;

A Chinese Shadow Figure; A Statue of the Voodoo God Gu from Benin; A Kodiak Mask from Alaska; An Mnog Gar Jar Stake from Vietnam. The films offer insight into the creation of the pieces, their uses, their history, and their traditional and contemporary significance. In doing so, a clear vision of the beliefs, customs, and culture of the peoples behind the art works emerges.

156 min. • College / Adult • 2008 • Facets Video  
DV98598 • \$49.99

Also Available: *Arts & Myths, Volume 1* • DV95633  
\$49.99



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## ART &amp; ART HISTORY

## BIOGRAPHY/CANADIAN STUDIES

**Puppet**

Unlike almost everywhere else in the world - where puppets are embedded in religion, folk crafts, and high art - America has long thought of puppetry only as a children's medium, relegated to sock puppet shows and kids television. Since the nineties, however, serious, adult puppetry has exploded in the United States. Although it still sits at the fringe, there has been a marked increase in press coverage of the puppet world and every year sees more high-profile productions. Puppets are suddenly on the American mind - on Broadway, in the avant-garde, and even at the Metropolitan Opera. Why was puppetry first marginalized in America, and what does it mean that we've returned to this ancient form? An illuminating documentary, *Puppet* is a fascinating look at the history of American puppetry as well as its current renaissance.

74 min. • Gr. 9-A • 2010 • Cinema Guild • CG2397 • \$350

## BIOGRAPHY

**Irena Sendler: In the Name of Their Mothers**

This is the story of a group of young Polish women, some barely out of their teens, who outwitted the Nazis during World War

II. When 29-year-old social worker Irena Sendler saw the suffering of Warsaw's Jews, she reached out to her most trusted colleagues for help. Together, they rescued over 2,500 Jewish children by forging identification papers and placing them in Catholic safe houses and orphanages in Warsaw and the Polish countryside. This film expertly captures the will and character of the women of the resistance against the backdrop of occupied Poland.

60 min. • Gr. 9-A • 2011 • PBS • ISNM701 • \$69.99

**Bobby Fischer Against the World**

This is a feature documentary that uses the narrative tension of the 1972 match between Boris Spassky and Bobby Fischer to explore the nature of genius, madness, and the game of chess itself. This film tells the stranger-than-fiction story of the rise and fall of an American icon.

93 min. • Gr. 9-A • 2011 • Mongrel • MON1675 \$275

**Jane's Journey**

Poignant and charming, *Jane's Journey* is the most comprehensive biography of Jane Goodall to date, chronicling the life of one of the most fascinating and charismatic women of our times.

At 75, Jane Goodall devotes 300 days a year to travel around the world to spread her message. The film delves into her personal life - from the hardships of maintaining a family while also being married to her work - and takes a candid look into her unwavering environmental activism.

*International Green Award - Cinema for Peace, Berlin*  
*Audience Award - Princeton Environmental Film Festival*

107 min. • Gr. 9-A • 2011 • Mongrel • MON1678 \$275

**Justin Bieber: Never Say Never**

The camera follows Justin Bieber (1994-) during the ten days leading up to his August, 2010, sold-out show at Madison Square Garden.

Footage of these ten days of concerts, rehearsals, and down time with boyhood friends, his mom, and his entourage is inter-cut with home movies, old photos, and interviews showing a musical prodigy who loves to perform, comes to the attention of an Atlanta agent via YouTube, impresses Usher, and rockets to international stardom soon after his 15th birthday.

105 min. • Gr. 6-A • 2011 • Paramount • P18127 \$275

Also Available in French - Item# S18127

## CANADIAN STUDIES

*shades of BLUE* Series

This documentary series explores the relationship between Canada's diverse communities and the police.

**Uniacke Square Blues (SUPSB01)**

Explores the story of Halifax's most notorious neighbourhood. Uniacke Square is largely populated by former residents of Africville, an historic Black neighbourhood in Halifax that was expropriated and bulldozed by the City in the 1960s. After being moved to the Uniacke Square housing project, the Black community faced poverty, crime and social problems. Today they are the forefront of a battle of mistrust between the community and the police

**Diversity Cops (SUPSB02)**

This program follows a Sikh truck driver, a Portuguese Canadian pop diva, and a Chinese Canadian scientist as they apply to, are accepted by, and are trained for the Hamilton Police Service. All come from communities that are suspicious of the police and the new recruits' families don't necessarily approve of their career choice. During the course of six months of filming we witness the transformation of the protagonists from civilians into police officers and explore how their relationships with their families and communities change as a result of their career choice.

**Hobbema Cadets (SUPSB03)**

This program tells the story of a First Nations reserve in Alberta that has been plagued by gang warfare. Here, there are few options for young people - who join gangs as a way to feel they belong. Community elders are now working together with the RCMP to give young people another option - they can become RCMP cadets.

3 x 46 min. • Gr. 9-Adult • 2007

ThinkStock Inc. • S0004128

Series Prices: Board & Post-Sec: \$349.99

School Site: \$159.99 • Home Use: \$94.99

Price Each: Board & Post-Sec: \$129.99

School Site: \$59.99 • Home Use: \$34.99



# Mother Tongue Series



This documentary series explores ethnic women's history in Canada. Each episode tells the story of a notable woman in one of Canada's ethnic communities. Online guide available for each program



## **Françoise Marie Jacquelin: Lioness of Acadia (Acadian) (SUPMT01)**

Françoise Marie Jacquelin was an aristocratic French-woman who came to Canada in 1640 to marry Charles LaTour, the Governor of Acadia. Françoise had a keen sense of adventure and looked forward to a new life in the New World, but she walked into a war zone. Her husband's rival, Charles D'Aulnay, also claimed to be Governor of Acadia. In 1645, LaTour went to Boston and D'Aulnay attacked their fort. Françoise decided to risk her life and lead her husband's garrison into battle.



## **Eliza Parker: Fighting for Freedom (African Canadian) (SUPMT02)**

16-year-old Toni Parker tells the story of her great-great grandmother Eliza Parker. After escaping slavery in Maryland, Eliza settled in the free state of Christiana, Pennsylvania where she married. In 1851, the young couple were harbouring two runaway slaves when an armed posse, led by a slave-owner, came to claim the men back. Eliza and her husband fought them off with help from their self defence organization. Afterwards they moved to Canada, setting up home in the free Black community, The Elgin Settlement, which is today located in North Buxton, Ontario, where Toni Parker and other descendents still live.



## **Lydia Charles: Healing Spirit, Embracing Change (Algonquian/Eastern Woodlands) (SUPMT03)**

Lydia Charles and her husband Matthew were trappers in their Woodland Cree community in La Ronge, Northern Saskatchewan. Lydia had a special role in her community because of her sacred duties as midwife, medicine-woman, and mortician, but lost her livelihood and her status with the arrival of European culture and economy. She also experienced great personal tragedy. Nevertheless, she taught her children and grandchildren that the only way to cope with change is to embrace it.



## **Mary Lee Chan: Taking On City Hall (Chinese) (SUPMT04)**

Mary Lee Chan's family came from China to Vancouver in 1879. They struggled for generations, but in the 1950s Mary was able to buy a home near Chinatown. Later, she discovered her neighbourhood was to be demolished as part of a controversial urban renewal program. Mary organized her community to form the Strathcona Property Owner and Tenants Association (SPOTA). They were determined to fight for their homes and stand up to City Hall.



## **Anna Markova: Forgiveness in Exile (Doukhobor) (SUPMT05)**

Most of her family had escaped persecution in Russia by coming to Canada but Anna Markova, from three generations of Russian Doukhobor leaders, disappeared into the Soviet Gulag of the 1940s. Innocent of any crime, Anna spent 15 years in a gulag where millions of political prisoners died. When Anna was finally released, she joined her family in Canada. Here she became active organizing women in the community and became a role model for generations to come.



## **Aina Wilen: Fighting for the Franchise (Finnish) (SUPMT06)**

Aina Wilen was 17 when she came to Canada in 1901. Like many Finnish immigrant women at that time, she came to Canada on her own and looked for work as a domestic. Soon she met and married but Aina was frustrated in Canada. Women in Finland enjoyed equal rights, but in Canada women suffered terrible working conditions and were denied the right to vote. Aina became one of many Finnish Canadians to fight for enfranchisement. They would achieve their goal by 1917.



## **Maria DiZio: Setting a Pattern for Success (Italian) (SUPMT07)**

Maria DiZio and her husband, Tommaso, came to Canada in the 1950s to start a new life. They settled in Timmins, Ontario, where many Italians found well-paid but dangerous work in the mines. Italian women in the 1950s were expected to stay home but when Tommaso could not work in the mines because of health problems Maria had to work to help her family survive. She found work sewing skating costumes in Timmins. With the \$25 that she earned for her first costume, she was able to pay the rent and feed her family for a month. In the decades to come, Maria would develop a thriving business sewing haute couture wedding gowns.



## **Kimiko Murakami: Triumph Over Internment (Japanese) (SUPMT08)**

Mary Kitagawa tells the story of her mother Kimiko Murakami. Kimiko and her husband had a successful farm on Salt Spring Island in the 1930s. When Japan attacked Pearl Harbour in 1941 Mary's family was sent to a series of internment camps and beet farms where they lived in dire conditions and worked for meagre wages. Despite 8 years of internment, Kimiko refused to allow the children to lose hope and was determined to return to her farm again.

*Mother Tongue Series continues on next page*



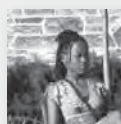
## CANADIAN STUDIES

CAREER EDUCATION/  
FAMILY STUDIES / HOME ECONOMICS / PARENTING**Sarah Mayoff: Enterprising Against the Odds (Jewish)(SUPMT09)**

Sarah Mayoff grew up in The Main, Montreal, in the 1930s – where poor Jewish immigrants lived. Jews had their own shops and cultural centres and their main language was Yiddish. They lived together because of discrimination in the non-Jewish world. But young Sarah Mayoff had dreams of leaving The Main and building a career in mainstream Montreal. In the 1940s and 50s, when women were expected to stay at home, Sarah became one of Canada's pioneering career women, providing a model for generations to come.

**Roshan Jamal: Faith without Boundaries (Muslim) (SUPMT10)**

Roshan Jamal grew up in a traditional Muslim family in India. When she and her husband settled in Toronto she had difficulty finding a mosque where women and men were treated equally. Then Roshan met a philanthropist, Hassanali Lakhani, who yearned to establish an Islamic community centre where Muslims could practice Islam as it was practiced at the time of the Prophet Mohammed - with a stress on justice and gender equality. It was a struggle, but by 2004, the two opened the innovative Noor Cultural Centre in Toronto where women and men could pray and study together in an open and democratic environment. The centre has grown increasingly popular with Muslims of all cultural backgrounds and sects.

**Juliet Karugahe: Between Two Worlds (Rwandan) (SUPMT11)**

Juliet Karugahe is a 23-year-old student at the University of Toronto, but she has spent most of her life as a refugee in Kenya and Uganda. Juliet's parents, who escaped ethnic strife in Rwanda in the 1950s, always dreamed of returning to their homeland. In 1994, Tutsi refugees were finally allowed to return to Rwanda after a brutal civil war in which over a million Tutsis were massacred. When the Karugahe family returned, it wasn't the happy reunion they had hoped for. Her journey to find a place to call home had only just begun.

**Martha Bielish: Giving Rural Women a Voice (Ukrainian) (SUPMT12)**

Senator Martha Bielish was the daughter of impoverished immigrants from Ukraine. She grew up in rural Alberta where women in her community suffered from isolation and a lack of education. As an adult, Martha devoted her life to easing the plight of rural women. Her work, first for the Alberta Women's Institute, then for the Associated Countrywomen of the World, would earn her an appointment to the Canadian Senate in 1979. But her involvement with the cause she loved came at a steep price.

**May Truong: Coasting on a Dream (Vietnamese) (SUPMT13)**

24-year old May Truong was born on a sinking boat in the South China Sea. Her parents were Sino-Vietnamese refugees who risked their lives to escape the communist regime in Vietnam. Since her dramatic birth on turbulent waters, May's life has been an epic journey to discover where she belongs. Is she Vietnamese? Is she Chinese? Is she Canadian? While exploring her parent's story, May learns a lot more about herself.

13 x 23 min. • Gr. 9-Adult • 2006 • ThinkStock Inc. • S0004127  
Series Price: Board & Post-Sec: \$1,105 • School Site: \$549  
Home Use: \$385 • Price Each: Board & Post-Sec: \$99.99  
School Site: \$49.99 • Home Use: \$34.99

## CAREER EDUCATION

**From Sports to Career: Transferable Job Skills**

Teamwork, reliability, cooperation, endurance: habits athletes learn from sports are the very attributes employers want. Personal stories from current and former athletes show how their skills from sports are valued in the workplace and school. From soccer, football, rowing, and hockey, a variety of sports and careers are represented in this enlightening look into the benefits athletes bring to the workplace.

20 min. • Gr. 6-A • 2012 • LZExpress • LZ300032 • \$59.95

FAMILY STUDIES  
HOME ECONOMICS/PARENTING**Sew Thrifty**

Create a unique and fashionable look using second-hand thrift store clothing for your next sewing project! Instructor Kimberly Oedekoven explores her local thrift store while explaining what to look for when shopping and practical thrifting tips to find used clothes to refresh and refashion into something new.

Back in the sewing studio, easy sewing projects are demonstrated from start to finish, including: Freezer paper stencil on a sweatshirt; Woven belt from button up shirts; Winter hat from wool sweater; Skirt from pair of jeans.

47 min. • Gr. 6-A • 2012 • LZExpress • LZ300023 • \$59.95

**Plugged-In Parenting:  
Connecting with the Digital  
Generation for Health, Safety & Love**

Offers over two hours of tips, ideas and non-punitive strategies for parenting digital children from babies to teenagers, in every aspect of digital intelligence including cyber-safety, netiquette, cyberbullying, social media

guidelines, benefits of gaming, as well as many valuable parenting tips and demonstrations to keep kids connected to you but also allowing you to set health limits on video/computer games, social media and cellphones. This DVD is ideal for busy parents and caregivers who want accurate researched information but have little time to read books. Keep your digital children safe, healthy and happy, without losing your valuable relationship connection!

125 min. • Gr. 11-A • 2010 • Professional Parenting Canada  
PROPC01 • \$34.95

**4 Weeks to a Higher Food IQ**

See page 18 for description & pricing.

20 min. • Gr. 6-A • 2012 • LZExpress • LZ300021

**Amazing Eggs**

See page 17 for description & pricing.

21 min. • Gr. 6-A • 2012 • LZExpress • LZ300024

**Prenatal & Early Childhood Nutrition**

See page 17 for description & pricing.

20 min. • Gr. 11-A • 2012 • LZExpress • LZ300025



## New from the Play It Out Series

**Understanding Sexual Consent?**

(MMP07)

Sometimes, it's difficult to know if the person you're with wants to be intimate and it's difficult to ask. Consent is a behaviour that clearly shows that the person agrees to the sexual activity; it is not passive. Viewers will understand that giving in is not the same as giving consent and consent can't be assumed. The program shows examples of how manipulators use insults and threats to get what they want and that manipulation is not consent. Teens will learn that saying yes one time does not imply ongoing, unlimited consent and that they can say no at any time. Viewers will see that a misunderstanding may cause physical, emotional and legal consequences that can impact the rest of their lives.

**Am I Ready for Sex? (MMP08)**

Everyone talks about sex, TV shows, movies, magazines, friends and family. But it can be very confusing and difficult for teens to work out what information they need to know before making a decision about becoming sexually active. This program outlines things to consider and suggests that a good question to ask oneself is "am I doing this because it is something I want to do?" Viewers will learn that everyone has a reason to have, or not to have sex, and they should not to give into pressures. It is emphasized that the decision to have sex has got to be on your own terms, and for your own reasons.

**Digital Distractions (MM3080)**

According to an important new poll, cell phones, computers and other digital devices have become the technology of choice for teens to communicate with each other. Texting has become the preferred form of communication surpassing face-to-face contact.

**The Sex Talks You Must Have (MMP09)**

For a teen, deciding to become sexually active is a big deal. It is a life-changing decision. That's why it's so important to have open and honest discussions with your partner about sex, before you become sexually active. This program is designed to make students aware of the physical and emotional health risks of having sexual relations.

The overall message to viewers is that if you're afraid to have these important discussions about sex and you're unwilling to get tested, you may want to reconsider your decision to become sexually active. The program also emphasizes that abstinence is the only birth control method that is 100% effective in preventing pregnancy and protecting people against STDs.

Video modeling scenes demonstrate how to begin a discussion about condoms and provide teens with the language they need to feel confident talking about this important issue. Viewers will learn how to overcome a partner's objections with clear and firm answers. Through various, true-to-life scenarios students will come to learn appropriate and inappropriate times to discuss STDs and contraceptives.

**How to be Assertive (MM3079)**

This important program presents true-to-life scenarios where teens are pressured into a behaviour that is risky, illegal or unhealthy. Viewers will learn skills that will help them to be more assertive which in turn will help them have more control of their life, feel more content and confident.

**Each: 23 min. • Gr. 7-12 • 2011**  
**Mazarella • Board & Post-Sec: \$139.99**  
**School Site: \$59.99 • Home Use: \$34.99**

**Help! I'm Stressed**

Are you stressed out? The students at Martindale High School are. They don't like feeling tense and they don't know what to do about it. But help is coming and you're invited to go along.

Learn exactly what stress is and discover that there is both bad stress and good stress. Not everyone experiences stress the same way. You'll understand the many symptoms of stress. Then you'll uncover all kinds of strategies to keep stress levels in balance. When you know what stress is, what the symptoms are and how proven strategies can work, you'll be able to handle whatever life brings you!

**26 min. • Gr. 6-A • 2012 • LZExpress • LZ300017 • \$89.95**

## HEALTH &amp; NUTRITION

**Dr. Lori Mosca's 3 Keys to Heart Health**

Many of us know that good eating habits, exercise and stress reduction are important to improving health. The biggest challenge is how to get started and stay on track. In this program, Dr. Lori Mosca, one of the leading cardiologists in the country, presents an engaging and evidence-based (scientifically accurate) approach for women and their families to improve their cardiovascular health.

**60 min. • Gr. 9-A • 2010 • PBS • KEYS701 • \$59.99**

**Energy Balance**

Being physically active and eating from the food groups are key to balancing your energy. Registered Dietitian Melissa Halas-Liang discusses the nutrition basics of the energy equation, while a personal trainer explains

the importance of balancing the equation by using that energy. Discover: Short-term and long term benefits of physical activity; Tips to be active each day; How to overcome common excuses; How to continue being active into adulthood.

**20 min. • Gr. 6-A • 2012 • LZExpress • LZ300027 • \$89.95**

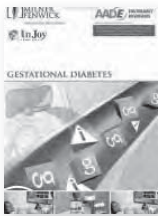
**The Lazarus Effect**

See page 25 for description & pricing.

**30 min. • Gr. 10-A • 2010 • Cinema Guild • CG2379**



**HEALTH & NUTRITION**



**Gestational Diabetes**



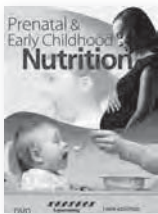
Produced in collaboration with the American Association of Diabetes Educators, this program teaches pregnant women who have gestational diabetes how to keep their blood glucose in a safe and healthy range for the remainder of their pregnancy. It concisely explains the condition, the risk factors to mom and baby, and gives an overview of the management plan.

**Program Benefits:**

- *Easy to understand* – animation shows how insulin controls blood glucose.
- *Outlines risks* – reviews warning signs and when to call a healthcare provider.
- *Monitoring & management* – shows how to test glucose levels and ketones in urine.
- *Healthy choices* – emphasizes healthy diet and exercise as part of their management plan.
- *Empowering* – a diverse cast encourages viewers to take charge of their health.

Also available in Spanish, closed captioned in English only.

**22 min. • Gr. 8-12, Adult • 2011 • InJoy • INJOY236**  
**Board & Post-Sec: \$199.99 • School Site: \$125.99 • Home Use: \$49.99**



**Prenatal & Early Childhood Nutrition**



When women are pregnant or breastfeeding, they have special nutritional needs. Registered Dietician Melissa Halas-Liang explains the nutritional considerations for women and their new babies during pregnancy and while breastfeeding, including: Nutrients and extra calories; Foods to be avoided and food safety practices; Favourite nutritious snacks and meals; Advice from a real mom on navigating pregnancy.

**20 min. • Gr. 11-A • 2012 • LZExpress • LZ300025 • \$89.95**



**Amazing Eggs**



Explore the versatility of eggs! Discover the uses of various sizes and grades of eggs, what the eggshell's color means, egg nutrients, how to store eggs, cooking temperatures and more. Chef Dave Christopherson explains the many uses of the egg while demonstrating a variety of delicious, easy to prepare egg dishes.

**21 min. • Gr. 6-A • 2012 • LZExpress • LZ300024 • \$59.95**

Also Available:



**Amazing Egg Activities Guide • LZ628001 • \$34.95**

This activity guide complements the Amazing Eggs DVD. Students engage in hands-on activities that integrate science, math, art, reading, health, and life skills and follow simple recipes to create tasty egg dishes. Perfect for the classroom or after school programs!



**Managing Early Breastfeeding Challenges**



This new DVD teaches nursing and lactation staff, specific, research-based techniques to help mothers overcome the most common early breastfeeding challenges.



**Modules Include:**

- *Newborn Challenges* – includes sleepy baby, jaundice, avoidance behaviours, oral structure variations, late preterm infant; solutions include skin-to skin care, laid-back breastfeeding, cup and finger feeding, frenulotomy, asymmetrical latch, milk expression
- *Maternal Challenges* – includes flattened and inverted nipples, Lactogenesis II, nipple pain, parent fatigue; solutions include reverse pressure softening, position and latch, nipple shields
- *Milk Production and Transfer* – challenges include perceived insufficient milk supply, maternal health and delayed or low milk production; solutions include the process of lactation, signs of milk transfer, guidelines for expressing via hand or breast pump
- *Discharge Planning* – challenges include engorgement, plugged ducts, mastitis; solutions include promoting milk flow, managing breast fullness, reducing discomforts, when to call a healthcare professional, mother-care, breastfeeding resources.

This product is suitable for Baby-Friendly hospitals. Baby-Friendly® is a registered mark of UNICEF. This product has not been assessed for compliance with the Baby-Friendly Health Initiative and has not been endorsed by or affiliated with UNICEF or Baby-Friendly USA, Inc.

Facilitator's Guide with CE Forms and Exercises free online.

**36 min. • Gr. 8-12, Adult • 2011 • INJOY • INJOY233**  
**Board & Post-Sec: \$312.99 • School Site: \$187.99 • Home Use: \$49.99**



**Food Allergies: A Little Knowledge Can Prevent Some Big Problems**



What is the difference between a food allergy and a food sensitivity? Why do some schools have peanut-free zones? What is Celiac disease? Are some people sensitive to food dyes? Join in on a discussion of food issues with an allergy expert as well as real people who live with food sensitivities and life-threatening food allergies every day. Learn the steps you can take whether you have an allergy, work with food, or know someone with an allergy. A little knowledge can prevent some big problems.

**20 min. • Gr. 6-A • 2012 • LZExpress • LZ300018 • \$59.95**



**Precious Life**

See page 25 for description & pricing.  
**90 min. • Gr. 9-A • 2010 • Mongrel • MON1672 • \$275**

## Visual Education Centre

## HEALTH &amp; NUTRITION



### 4 Weeks to a Higher Food IQ



Reality TV meets the new MyPlate Dietary Guidelines in this real-life video example of a teen accepting a new challenge each week. Registered dietitian Christina Meyer-Jax gives our teen, Lexi, advice, feedback and encouragement with four dietary/fitness challenges, including: Eat balanced. Move more; Eat more good stuff; Eat less bad stuff; Move! Watch Lexi transform as she increases her food IQ and activity level.

20 min. • Gr. 6-A • 2012 • LZExpress • LZ300021  
\$104.95



### MyPlate Dietary Guidelines: Create a Great Plate



When's the last time you ate off a pyramid? The MyPlate Dietary Guidelines DVD is based on the USDA's

MyPlate campaign. The DVD shows teens what healthy eating looks like, and tells them how to: Make at least half your grains whole; Vary your veggies; Focus on fruits; Get your calcium-rich foods; Go lean with protein.

20 min. • Gr. 6-12 • 2012 • LZExpress • LZ300033  
\$89.95



### Teaching Systems Nutrition Complete Series

(8 Volumes)

The Standard Deviants School Teaching Systems engage and educate students with multimedia programs and classroom materials. These complete systems include everything educators need for their lesson plans.

#### Titles in Series:

- Teaching Systems Nutrition 1: Intro: Cells and Macronutrients (GH4414)
- Teaching Systems Nutrition 2: What Your Body Does with Food (GH4415)
- Teaching Systems Nutrition 3: The Food Spectrum (GH4416)
- Teaching Systems Nutrition 4: Micronutrients: Vitamins, Minerals, and Water (GH4417)
- Teaching Systems Nutrition 5: Preventing Nutritional Disorders (GH4418)
- Teaching Systems Nutrition 6: Eating In Context (GH4419)
- Teaching Systems Nutrition 7: Where Does Your Food Come From? (GH4420)
- Teaching Systems Nutrition 8: The Savvy Eater (GH4421)

8x26 min. • Gr. 7-12 • 2011 • Cerebellum  
S0004200 • Series: \$429.99 • Each: \$59.99

## LITERACY &amp; LITERATURE

## LITERACY &amp; LITERATURE



### From the Masters of American Literature Series

#### The Hawthorne Legacy:

#### The Scarlet Letter (2010) (L4818DVD)

*The Hawthorne Legacy* completes an overview of Nathaniel Hawthorne's life (1804-1864) and selected works. *The Scarlet Letter*, which still reflects the moral and ethical dilemmas men and women face today, is explored in depth. Divided into five chapters the program explores themes, ideas and writing style in *The Scarlet Letter* and several short stories. It also explores why historical and moral concerns then, are still appropriate for discussion today. Filmed at historical sites in Salem, Concord, Pittsfield, Massachusetts.

- Chapter 1 - Brief Hawthorne Biography
- Chapter 2 - Writing & Working
- Chapter 3 - Fictional Historical Characters
- Chapter 4 - Narrative Themes
- Chapter 5 - The Scarlet Letter

#### The Melville Legacy: Moby Dick (2010) (L4819DVD)

The Melville Legacy explores the life and works of Herman Melville (1819-1891), one of America's most renowned 19th century authors. In his novels, Typee, Omoo, and Moby Dick, Melville demonstrates his mastery of the epic sea story, the latter considered by many to be the preeminent American novel. *The Melville Legacy* offers students, teachers and interested readers a complete overview of the life, times and writing of Herman Melville, focusing on Moby Dick.

The program explores why Melville is considered a major figure in world literature. Filmed on location at 'Arrowhead' Pittsfield, New Bedford and Lennox, Massachusetts

- Chapter 1 - Brief Melville Biography
- Chapter 2 - Writing Moby Dick
- Chapter 3 - Melville's Literary Perspective
- Chapter 4 - "Call Me Ishmael"
- Chapter 5 - A Whale of a Story

#### The Twain Legacy: The Adventures of Huckleberry Finn (2011) (L4820DVD)

*The Twain Legacy* offers an insight into the life and writings of Mark Twain, (1835-1910), an American literary icon. *The Twain Legacy* introduces an overview of Mark Twain's life, times and interpretation of *The Adventures of Huckleberry Finn*. There are extensive references to his early childhood in Hannibal, Missouri, his use of African American Dialect, his antipathy toward slavery and his effective use of irony in the story line. Even today *The Adventures of Huckleberry Finn* faces challenges from educational groups on whether this fictional story should be taught in the classroom. Leading scholars explore themes, ideas and narrative style in *The Adventures of Huckleberry Finn*. By examining and exploring why his historical and moral concerns were important, the presenters weave Twain's themes of slavery, prejudice and class into a coherent awareness.

- Chapter 1 - Twain Overview
- Chapter 2 - Twain's Hannibal, Missouri
- Chapter 3 - Twains' Use of Dialect
- Chapter 4 - Twain's Awareness of Slavery
- Chapter 5 - Twain's Use of Irony

Each: 30 min. • Gr. 9-12, Adult • 2010-2011 • TMW • \$76.95



### The First Grader

Set in a mountain village in Kenya the film tells the remarkable true and uplifting story of a proud old Mau Mau veteran who is determined to seize his last chance to learn to read and write - and so ends up joining a class alongside six year-olds. Together he and his young teacher face fierce resistance, but ultimately they win through - and also find a new way of overcoming the burdens of the colonial past.

120 min. • Gr. 7-A • 2010 • Maple Pictures • CF0876 • \$275

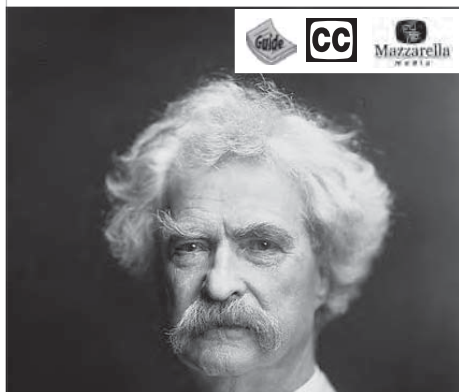
Also Available in French - Item# HFO876



LITERACY & LITERATURE

MATHEMATICS

Mark Twain: The First Truly American Writer



To fully appreciate the writings of Mark Twain (Samuel Clemens' pseudonym) it is important to look at and understand the life of Samuel Clemens – both his successes and his failures. Through interviews with renowned Mark Twain impersonator John Pogson, vintage film and photos, this program gives students an opportunity to examine the life of the man who became - and still is - an American icon.

22 min. • Gr. 7-12 • 2011 • Mazzarella • MM3217  
 Board & Post-Sec: \$129.99 • School Site: \$59.99  
 Home Use: \$34.99

Al-Halqa: In the Storyteller's Circle

See page 25 for description & pricing.  
 52 min. • Gr. 10-A • 2010 • Cinema Guild • CG2401

Integrating Music and Movement with Literacy

See page 11 for description & pricing.  
 25 min. • Professional • 2004 • Educational Activities • EAI804

Springboard to Literacy

See page 11 for description & pricing.  
 25 min. • Professional • 2005 • Educational Activities • EAI805



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 See back cover for details.

MATHEMATICS



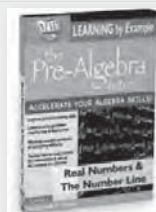
The Matrix Algebra Tutor: Learning by Example Series

*The Matrix Algebra Tutor* covers all of the core topics in detail. What sets this series apart from other teaching tools is that the concepts are taught entirely through step-by-step example problems of increasing difficulty. It works by introducing each new concept in an easy to understand way and using example problems that are worked out step-by-step and line-by-line to completion. If a student has a problem with coursework or homework, simply find a similar problem fully worked out in the series and review for the steps needed to solve the problem. Teachers User Instruction & Resource Guide available online.

Programs in Series:

- *A Matrix Defined* (35 min.) (KA8783DVD)
- *Adding & Subtracting Matrices* (31 min.) (KA8784DVD)
- *Multiplying Matrices* (60 min.) (KA8785DVD)
- *Row Equivalent Matrices* (43 min.) (KA8786DVD)
- *Gaussian Elimination & Gauss-Jordan Elimination* (59 min.) (KA8787DVD)
- *Inconsistent & Dependent Systems* (54 min.) (KA8788DVD)
- *The Inverse of a Matrix* (51 min.) (KA8789DVD)
- *Solving Systems Using Matrix Inverses* (32 min.) (KA8790DVD)
- *Matrix Determinants* (24 min.) (KA8791DVD)
- *Cramer's Rule* (30 min.) (KA8792DVD)

10 x 24- 60 min. • Gr. 9-Adult • 2011 • TMW • S0004186 • Series: \$415 • Each: \$43.95



The Pre-Algebra Tutor - Learning by Example Series

Teaches the fundamentals of pre-algebra through fully-worked, example problems. Each program focuses on pre-algebra problems, with step-by-step solutions to prepare students for Algebra 1 and beyond. Having a foundation in algebra is essential to doing well in trigonometry, geometry, calculus and beyond. Many times students have difficulty in the more advanced subjects because they do not have a good foundation in Algebra. Teachers User Instruction & Resource Guide available online.

Programs in Series:

- *Real Numbers & The Number Line* (KA8714DVD • 26 min.)
- *Greater Than, Less Than, Equal To* (KA8715DVD • 17 min.)
- *Absolute Value & Adding Integers* (KA8716DVD • 42 min.)
- *Subtracting Integers* (KA8717DVD • 37 min.)
- *Multiplying Integers* (KA8718DVD • 35 min.)
- *Dividing Integers* (KA8719DVD • 23 min.)
- *Powers & Exponents* (KA8721DVD • 42 min.)
- *Order of Operations* (KA8722DVD • 47 min.)
- *Factors & Multiples* (KA8723DVD • 38 min.)
- *Prime Factorization* (KA8724DVD • 33 min.)
- *Greatest Common Factor* (KA8725DVD • 35 min.)
- *Least Common Multiple* (KA8726DVD • 14 min.)
- *Introduction to Fractions* (KA8727DVD • 41 min.)
- *Mixed & Improper Fractions* (KA8728DVD • 20 min.)
- *Finding the Common Denominator* (KA8729DVD • 39 min.)
- *Adding Fractions* (KA8730DVD • 36 min.)
- *Subtracting Fractions* (KA8731DVD • 32 min.)
- *Multiplying Fractions* (KA8732DVD • 33 min.)
- *Dividing Fractions* (KA8733DVD • 21 min.)
- *Variables & Expressions* (KA8734DVD • 21 min.)
- *Adding & Subtracting Expressions* (KA8735DVD • 31 min.)
- *Multiplying Expressions* (KA8736DVD • 20 min.)
- *Dividing Expressions* (KA8737DVD • 17 min.)
- *Solving Single Step Equations* (KA8738DVD • 22 min.)

24 x 17-26 min. • Gr. 9-12, C • 2010 • TMW • S0004103 • Series Price: \$999 • Each: \$43.95

## Visual Education Centre

## MEDIA STUDIES



### Truth in Numbers? Everything According to Wikipedia

Examining the history and cultural implications of the most popular reference website in the world, *Truth in Numbers? Everything According to Wikipedia* provokes a deeper conversation on the power of new media, on how knowledge is collected and disseminated, and on who should have the authority to control it. Through carefully woven interviews, with Jimmy Wales and the website's frequent contributors with their Utopian ideals on one side and the website's critics such as Howard Zinn on the other, filmmakers Scott Glosserman and Nic Hill succeed in presenting us with a truly neutral, in-depth look at this unique phenomenon in media studies.

85 min. • Gr. 10-A • 2010 • Cinema Guild • CG2400 • \$350



### Your Sound - The Art of Mixing Live Entertainment (5 Volumes)

A comprehensive instructional course teaching "live sound" made easy. This series is a complete teaching tool and "must have" for students and instructors, theatres, beginner technicians and

production houses. Discover some of the best techniques in both concert and theatrical sound. Instructor Dave West teaches how to be creative and enjoy the art of mixing live entertainment. With his instantly applicable techniques, easy to understand analogies and hands-on demonstrations, you'll learn how to solve common sound problems with ease. This series teaches the fundamentals of live sound and highlights the components of a sound system. From microphones to console amplifiers and speakers, this series will give you the best tips and strategies for both concert and theatrical sound and help hone your skills into a pro.

#### Titles in Series:

- *Mixing, Gain Structure & Phase Reversal* – F2682DVD
- *Equalizers, Frequency & Processing* – F2683DVD
- *Speakers, Adapters & Trouble Shooting* – F2684DVD
- *Microphones, Micing & Sound Check* – F2685DVD
- *Theatre Sound & System* – F2686DVD

5x20 min. • Gr. 9-A • 2010 • First Light  
S0004201 • Series: \$499.95 • Each: \$119.99

### A-List Screenwriting - The Creative Process (2 Volumes)

This series is one of the most advanced educations on the screenwriting craft, the business and screenwriting careers. Featuring Screenwriter, Script Consultant and Director Jim Mercurio; one of the country's top screenplay consultants who produced the feature film *Hard Scrambled*, starring Kurtwood Smith and Richard Edson.

#### Titles in Series:

- *Screenwriting - The "T" Word Theme* – F2687DVD
- *Screenwriting - Killer Endings* – F2688DVD

2x75 min. • Gr. 9-A • 2011 • First Light  
S0004202 • Series: \$169.95 • Each: \$99.95



### The Greatest Movie Ever Sold

Boundary-pushing Oscar-nominated filmmaker Morgan Spurlock explores the world of product placement, marketing and advertising in *POM WONDERFUL PRESENTS: THE GREATEST MOVIE EVER SOLD*, a film that was fully financed through product placement from various brands, all of which are integrated transparently into the film. While using brands in film promotion is not new for Hollywood, it certainly is new territory for the documentary format. Spurlock exploits the phenomenon to new heights, with everything from branded pizza boxes and in-flight film promotions to branded-everything in-film.

90 min. • Gr. 7-A • 2011 • Mongrel • MON1667 • \$275

### Movie Making 101: A Beginner's Guide to Filmmaking



*Movie Making 101* gives an overview of all the major stages of making a movie as presented by an amusing chalkboard teacher. It is interspersed with practical ideas that are perfect for a filmmaker on a tight budget with limited resources. Some of the subjects include:

- *How to get story ideas*
- *Outlining your story*
- *Why and how to use storyboarding and animatics*
- *Sets and costumes*
- *Choosing and buying equipment*
- *Finding people to work with*
- *Directing actors*
- *Communicating through lighting*
- *Communicating through camera movements*
- *Ideas for recording better sound*
- *How to use transitions*
- *Foley and sound libraries*
- *Visual effects*
- *Colour correction and colour grading*
- *Music ... and more*

55 min. • Gr. 7-12 • 2011 • Moviemakers • MOVMM01  
Board & Post-Sec: \$129.99 • School Site: \$59.99 • Home Use: \$34.99  
Also Available in French - Item# KON1667



### Al-Halqa: In the Storyteller's Circle

See page 25 for description & pricing.

52 min. • Gr. 10-A • 2010 • Cinema Guild  
CG2401 • \$350

### FRONTLINE - Wikisecrets:

Julian Assange, Bradley Manning, and WikiLeaks

See page 29 for description & pricing.

60 min. • Gr. 9-A • 2011 • PBS • NOVA7224 • \$59.99



## PHYSICAL EDUCATION &amp; SPORTS

## PSYCHOLOGY

## Table Tennis Tips and Techniques

This comprehensive DVD features instruction from one of the top players in the world, Gau Jun. She provides numerous tips and techniques that will help give you an edge over the competition. *See page 9 for a detailed description*

Gr. 6-A • 2011 • SportVideos • SV153

Boards/Schools: \$59.99 • Home Use: \$39.95



## Golf Tips and Techniques

Dramatically improve your game with the help of professional golf's all-time leading tournament winner, Kathy Whitworth. In this comprehensive DVD, Kathy offers numerous tips and techniques to help you become a better golfer. Among the topics covered are: Square Club Face, How to Aim, Ball Positioning, The Takeaway, The Weight Shift, Position of the Arms, Clipping the Grass, Holding Your Finish, Pre-Shot Routine, Pitching, Chipping, Sand Trap Play, Long Putts and Short Putts. Kathy Whitworth's Tips and Techniques will benefit golfers of all skill levels.

40 min. • Gr. 6-A • 2011 • SportVideos • SV154

Boards/Schools: \$59.99 • Home Use: \$39.95

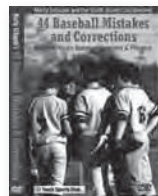


## Wide Receiver Skills and Drills

Learn the techniques and strategies employed by those playing the wide receiver position at the highest level. In this comprehensive DVD, Coach Steve Mooshagian provides several tips, techniques and drills to give coaches and players the tools they need to be successful. Among the topics covered are: stances and starts, escape moves, numerous drills, routes and conversions, and screens. Each area of the game is taught in a very detailed and easy-to-understand manner. This DVD is a great resource for coaches and players at any level of competition.

40 min. • Gr. 6-A • 2011 • SportVideos • SV155

Boards/Schools: \$59.99 • Home Use: \$39.95



## 44 Baseball Mistakes and Corrections

This program provides explanations of some of the most common and recurring baseball mistakes that happen in youth baseball games. If you are a coach or parent in a recreational or competitive youth baseball league, this video will break down the individual and team mistakes that can be corrected

by some basic practice principles that will result in better hitting, pitching, and fielding. The video highlights: Hitting Mistakes; Pitching Mistakes; Baserunning Mistakes; Fielding Mistakes; Coaching Mistakes; Equipment Mistakes; Backing Up Mistakes; Sliding Mistakes; And More.

*"Highly recommended."*

- Video Librarian

36 min. • Gr. 7-A • 2011 • Youth Sports Club • YSC0127

Boards/Schools: \$59.99 • Home Use: \$34.99

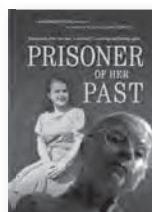
## Energy Balance

*See page 16 for description & pricing.*

20 min. • Gr. 6-A • 2012 • LZExpress • LZ300027

## PSYCHOLOGY

## Prisoner of Her Past



Imagine surviving a war, earthquake, flood, or other disaster only to be stricken by nightmares, paranoia, and a sense that it's happening over and over again. What would you do? Prisoner of Her Past tells the haunting story of a secret childhood trauma that resurfaces after 60 years to unravel the life of Holocaust survivor Sonia Reich.

Her son, Chicago Tribune jazz critic Howard Reich, journeys across the United States and Eastern Europe to uncover why his mother believes the world is conspiring to kill her. Along the way, he discovers remnants of family he never knew he had. He also finds a group of psychiatrists in New Orleans who are helping young traumatized survivors of Hurricane Katrina, so they will not re-experience their childhood terrors. A first-hand experience of the deep scars that traumatic events can leave.

57 min. • Gr. 10-A • 2010 • Facets Video • DV100007 • \$39.99

CLASSIC FILM NOW AVAILABLE FROM VEC!



## Philip: The Imaginary Ghost

In a benchmark experiment, a group of ordinary people get together at the Toronto Society for Psychical Research and develop a revolutionary new technique for generating genuinely paranormal psychic phenomena (sounds and movement of objects) – during their efforts to create their own ghost.

The group found that phenomena could be produced in full light, without a spirit-medium and apparently generated by themselves and their imaginary ghost, whom they named Philip. The methodology of the filmed experiment has been recorded in the Journal of the New Horizons Research Foundation incorporating Transactions of the Toronto Society for Psychical Research. "Philip: The Imaginary Ghost was featured on ABC's "That's Incredible."

15 min. • Adult • 1974 • Bruce Raymond • BRA01

Board & Post-Sec: \$149.99 • School Site: \$79.99 • Home Use: \$34.99



## Helping Children Cope with Frightening Events...What You Can Do!

Help children recover from the effects of a frightening event, whether it be caused by earthquakes, violent weather, or terrorism. The program clearly defines and illustrates the most typical symptoms children exhibit, then it shows activities and steps educators can take to help children cope and

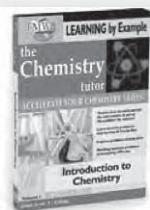
overcome the trauma of the event. The program also includes a comprehensive 40-page Leader's Guide that provides handouts of workshop activities for teachers.

25 min. • Professional • 2005 • Educational Activities • EAI794 • \$109.95





## SCIENCE CHEMISTRY

SCIENCE ENVIRONMENT/  
ENVIRONMENTAL STUDIES
**The Chemistry Tutor:  
Learning by Example Series**


The Chemistry Tutor covers all of the core topics in detail. What sets this series apart from other teaching tools is that the concepts are taught entirely through step-by-step example problems of increasing difficulty. It works by introducing each new concept in an easy to understand way and by using example problems that are worked out step-by-step and line-by-line to completion. If a student has a problem with coursework or homework, simply find a similar problem fully worked on in the series and review the steps needed to solve the problem. Students will be able to work problems with ease, improve their problem-solving skills and understand the underlying concepts of Chemistry. Teachers User Instruction & Resource Guide available online.

**Programs in Series:**

- *Introduction to Chemistry (KA8766DVD)*
- *Units and Unit Conversions (KA8767DVD)*
- *Significant Figures in Calculations (KA8768DVD)*
- *Temperature (KA8769DVD)*
- *Density (KA8770DVD)*
- *Atomic Theory of Matter: Part 1 (KA8771DVD)*
- *Atomic Theory of Matter: Part 2 (KA8772DVD)*
- *Atomic Theory of Matter: Part 3 (KA8773DVD)*
- *Atomic Number, Mass Number & Isotopes Part 1 (KA8774DVD)*
- *Atomic Mass of an Element (KA8775DVD)*
- *Overview of the Periodic Table (KA8776DVD)*
- *Naming Molecular Compounds (KA8777DVD)*
- *Ions and Ionic Charge (KA8778DVD)*
- *Ionic Compounds (KA8779DVD)*
- *Ionic Compounds with Polyatomic Ions (KA8780DVD)*
- *Hydrate Compounds (KA8781DVD)*
- *Atomic Number, Mass Number & Isotopes Part 2 (KA8782DVD)*

**17 x 20 min. • Gr. 9-Adult • 2011 • TMW • S0004187**  
**Series: \$739 • Each: \$43.95**

*Other Science Environment/Environmental Studies titles Available*

**Good Food, Bad Food**

*See page 29 for description & pricing.*

**113 min. • Gr. 9-A • 2010 • Mongrel • MON1631**

**NOVA - Power Surge**


*See page 24 for description & pricing.*

**60 min. • Gr. 9-A • 2011 • PBS • NOVA7223**

**Jane's Journey**

*See page 13 for description & pricing.*

**107 min. • Gr. 9-A • 2011 • Mongrel • MON1678 • \$275**

**SCIENCE ENVIRONMENT/  
ENVIRONMENTAL STUDIES**
**Extreme Environments Series (26 Volumes)**


We live in a world full of contrasts. From the coldest to the driest, the most populated to the most remote, the highest to the lowest locations - and everything in between. This series examines the impact that these extremes in nature have on the environment and vice versa. Additionally we observe the changes our planet has endured through the passage of time.

**Titles in Series:**

- |                  |            |              |
|------------------|------------|--------------|
| • Air            | • Forests  | • Rivers     |
| • Climate Change | • Glacier  | • Space      |
| • Desert         | • Ice      | • Storms     |
| • Drought        | • Islands  | • Sun        |
| • Earth          | • Lakes    | • Tropic     |
| • Earthquakes    | • Mars     | • Urban      |
| • Extinction     | • Mountain | • Volcanoes  |
| • Fire           | • Ocean    | • Wilderness |
| • Flood          | • Reef     |              |

**26x30 min. • Gr. 6-A • 2010 • TVS • S0004199**

**Series Price – Boards/Schools: \$1,165 • Home Use: \$775**

**Price Each – Boards/Schools: \$59.99 • Home Use: \$29.99**


**Bhopali**

On December 2, 1984, forty tons of poisonous gas leaked from a Union Carbide pesticide plant in Bhopal, India, killing over 20,000 people. Almost 30 years later, hundreds of thousands of survivors continue to suffer from chronic diseases and disabilities. Bhopali is an invaluable examination of

the world's worst environmental disaster. This eye-opening, emotional film incorporates harrowing interviews with residents, experts, activists and local politicians, demonstrating the long term damage to the community as well as the successes of non-profits such as Chingari Trust. Bhopali shows that the only long-term solution for Bhopal is cleanup and containment paid for by the corporation responsible for the disaster, and that setting such a precedent is a crucial step in preventing similar disasters from happening around the globe.

**80 min. • Gr. 10-A • 2010 • Cinema Guild • CG2403 • \$350**



## SCIENCE NATURE

## SCIENCE PHYSICS


**Nature Tracks Series**  
*(52 Volumes)*

This award winning, awe inspiring, documentary series deals with all things African. We look at the fascinating diversity and lives of the African wildlife... from the lush rainforests, to the arid desert sands to the vast oceans surrounding the continent. We also explore the rich diversity of cultures and traditions of the various peoples and regions of this magical land; and, investigate the fragile African environments and man's interaction with her delicate ecosystems. Each program is headed up by a "Did you know" segment: an entertaining, even humorous, short subject followed by a fascinating feature story. PLEASE NOTE: The title "Skinned" is noted as Viewer Discretion due to acts of extreme barbarism being perpetrated against animals.

**Titles in Series:**

- *A Handful of Dust*
- *A Kingdom Come*
- *A Liquid Cradle*
- *A Restless Spirit*
- *A Terrible Beauty*
- *African Lace and Petticoat Dust*
- *All Creatures Great and Small*
- *An African Rodeo*
- *An Armchairs Guide to the Galaxy*
- *Ark of the City*
- *At the Waterhole*
- *Birds of a Feather*
- *Burnt Offerings*
- *Cheetah*
- *Creeping Beauties and Other Beasts*
- *Dog Days*
- *Emerald Veils*
- *Etosha: A Portrait*
- *Green Exiles*
- *Horn of Death*
- *In a Crowded Valley*
- *In Search of Secret Africa*
- *Island Rhythms and Crystal Waterways*
- *Jungle Jive*
- *Labor of Love*
- *Life Under the Bed*
- *Lion Heart*
- *Lords of the Sky*
- *Of Lost Cities & Forests Found*
- *Once Upon a Time*
- *Out of the Blue*
- *Parklands*
- *Patterns Out of Time*
- *Sets, Mice and Videotapes*
- *Silent Sanctuary*
- *Skinned \*\*\*Viewer Discretion\*\*\**
- *Snakes and Other Reptiles*
- *Still Life - Steel Shadow*
- *The Big Spill*
- *The Gathers*
- *The Highlanders*
- *The Industrial Evolution*
- *The Ivory Kings*
- *The Long Shadow*
- *The Monkey Game*
- *The Nature of Art*
- *The Tides of Change*
- *Toad in the Hole*
- *Towards a Lonely Planet*
- *Tracing the Shades (Sangoma)*
- *Turtle Tales*
- *Wild Winter*

**52x25 min. • Gr. 9-A • 2011 • TVS • S0004195**

**Series Price – Boards/Schools: \$1,495 • Home Use: \$935**

**Price Each – Boards/Schools: \$39.99 • Home Use: \$19.99**


**Saving the Ocean:**  
**Shark Reef & The Sacred Island**


Two thirds of the globe is ocean. And while most people are just starting to hear about problems with overfishing, pollution, coral reef troubles, and the like, marine biologists, fisheries scientists, and conservationists worldwide are already hard at work inventing, devising, and implementing

solutions. By focusing on those solutions, we'll help our viewers understand both what the problems are and the vision forward.

**60 min. • Gr. 9-A • 2011 • PBS • SAV0701 • \$59.99**


**NOVA - Venom: Nature's Killer**


NOVA reveals how venom causes the body to shut down, arteries to bleed uncontrollably and limbs to go black and die. But nature's most destructive and extreme poisons could contain the building blocks for a new generation of

advanced drugs that could treat heart attack, stroke, diabetes, obesity and cancer. VENOM follows two scientists on their expeditions to track down and capture the planet's most deadly creatures, risking life and limb just to tease out milligrams of venom and get it back to the lab. Find out how nature's deadliest cocktails could be medicine's brightest new hope.

**60 min. • Gr. 9-A • 2011 • PBS • NOVA7222 • \$59.99**


**Understanding Weather**


This program explores the many factors that create weather systems and provides an introduction to the basics of weather, including weather patterns, atmospheric variations and how weather systems are formed. Students learn: How weather can affect us; Local weather signs; Relative humidity; Clouds & cloud formations; Fog; Air pressure systems; Weather forecasts; Weather maps & symbols; Weather behavior; Weather & animals.

**40 min. • Gr. 6-12 • 2011 • TMW • K4281DVD • \$43.95**

## SCIENCE PHYSICS

**The Physics 3 Tutor: Learning By Example Series**

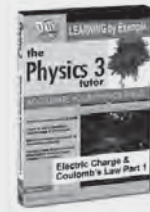

The Physics 3 Tutor covers all of the core topics in detail. What sets this series apart from other teaching tools is that the concepts are taught entirely through step-by-step example problems of increasing difficulty. It works by introducing each new concept in an easy to understand way and by using example problems that are worked out step-by-step and line-by-line to completion. If a student has a problem with coursework or homework, simply find a similar problem fully worked on in the series and review the steps needed to solve the problem. Teachers User Instruction & Resource Guide available online.

**Programs in Series:**

- *Electric Charge & Coulomb's Law Part 1 (38 min.) (KA8793DVD)*
- *Electric Charge & Coulomb's Law Part 2 (48 min.) (KA8794DVD)*
- *Electric Field Due to a Point Charge Part 1 (49 min.) (KA8795DVD)*
- *Electric Field Due to a Point Charge Part 2 (45 min.) (KA8796DVD)*
- *Electric Field Due to a Dipole (43 min.) (KA8797DVD)*
- *Gauss' Law Part 1 (57 min.) (KA8798DVD)*
- *Gauss' Law Part 2 (38 min.) (KA8799DVD)*
- *Gauss' Law Part 3 (56 min.) (KA8800DVD)*
- *Gauss' Law Cylindrical Symmetry (45 min.) (KA8801DVD)*
- *Gauss' Law Planar Symmetry (33 min.) (KA8802DVD)*
- *Gauss' Law Spherical Symmetry (32 min.) (KA8803DVD)*
- *Electric Potential Part 1 (47 min.) (KA8804DVD)*
- *Electric Potential Part 2 (51 min.) (KA8805DVD)*
- *Electric Potential Part 3 (53 min.) (KA8806DVD)*
- *Electric Potential of Point Charges (55 min.) (KA8807DVD)*
- *Electric Potential of a Dipole & Continuous Charge Distributions (53 min.) (KA8808DVD)*

**16 x 33-56 min. • Gr. 9-Adult • 2011 • TMW • S0004184**

**Series: \$699 • Each: \$43.95**





### Physics Tutor 2: Learning by Example Series

The Physics 2 Tutor focuses on Thermodynamics, Oscillations and Waves. It covers all of the core topics in detail. What sets this series apart from other teaching tools is

that the concepts are taught entirely through step-by-step example problems of increasing difficulty. It works by introducing each new concept in an easy to understand way and by using example problems that are worked out step-by-step and line-by-line to completion. If a student has a problem with coursework or homework, simply find a similar problem fully worked on in the series and review the steps needed to solve the problem. Teachers User Instruction & Resource Guide available online.

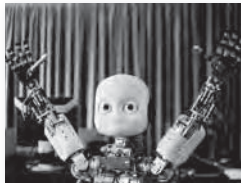
#### Programs in Series:

- *Thermometers & Temperature Scales* (44 min.) (KA8739DVD)
- *Expansion & Contraction of Solids & Liquids* (48 min.) (KA8740DVD)
- *Kinetic Theory of Gases* (66 min.) (KA8741DVD)
- *Heat* (57 min.) (KA8742DVD)
- *Latent Heat & Phase Change* (25 min.) (KA8743DVD)
- *Heat Transfer by Convection, Radiation & Conduction* (56 min.) (KA8744DVD)
- *Work, Heat & PV Diagrams* (75 min.) (KA8745DVD)
- *The First Law of Thermodynamics* (60 min.) (KA8746DVD)
- *Heat Engines & the Second Law of Thermodynamics* (69 min.) (KA8747DVD)
- *Refrigerators* (39 min.) (KA8748DVD)
- *Entropy* (73 min.) (KA8749DVD)
- *Oscillations and Simple Harmonic Motion - Part 1* (58 min.) (KA8750DVD)
- *Oscillations & Simple Harmonic Motion - Part 2* (48 min.) (KA8751DVD)
- *Oscillations & Simple Harmonic Motion - Part 3* (55 min.) (KA8752DVD)
- *Conservation of Energy in Simple Harmonic Motion Part 1* (38 min.) (KA8753DVD)
- *Conservation of Energy in Simple Harmonic Motion Part 2* (38 min.) (KA8754DVD)
- *Pendulums & Resonance* (51 min.) (KA8755DVD)
- *Transverse Waves - Part 1* (44 min.) (KA8756DVD)
- *Transverse Waves - Part 2* (40 min.) (KA8757DVD)
- *Superposition & Interference of Waves* (54 min.) (KA8758DVD)
- *Standing Waves & Resonance - Part 1* (52 min.) (KA8759DVD)
- *Standing Waves & Resonance - Part 2* (24 min.) (KA8760DVD)
- *Speed of Sound Waves* (45 min.) (KA8761DVD)
- *Traveling Sound Waves Part 1* (44 min.) (KA8762DVD)
- *Traveling Sound Waves Part 2* (40 min.) (KA8763DVD)
- *Doppler Shift* (44 min.) (KA8764DVD)
- *Sound Intensity & Sound Level* (33 min.) (KA8765DVD)

**27 x 24-75 min. • Gr. 9-Adult • 2011 • TMW  
S0004185 • Series: \$1067 • Each: \$43.95**

## SCIENCE TECHNOLOGY

### Plug and Pray



The idea of intelligent machines has captivated human-kind's imagination since the dawn of time. But recent breakthroughs have the potential of turning this fantastical dream into reality. Plug and Pray takes us on a journey into the world of artificial intelligence - a field of study where computer technology, robotics, biology, neuroscience, and developmental psychology converge - exploring not only the latest advancements and developments, but the ethical and philosophical questions raised along the way.

**91 min. • Gr. 10-A • 2010 • Cinema Guild • CG2393 • \$350**



### NOVA - Smartest Machine on Earth:

#### Can a Computer Win on JEOPARDY!? (Updated)



Augmenting human intelligence is a lot tougher than it looks; the promise of HAL from 2001: A Space Odyssey is still just a fantasy. But scientists are edging closer with machines like "Watson," an IBM computing system that is gearing up for a first-of-its-kind challenge: competing on the game show JEOPARDY!, taking on Ken Jennings and Brad Rutter - two of the show's most successful and celebrated contestants of all time. This is an updated version of the PBS broadcasted program, with additional content added.

**60 min. • Gr. 9-A • 2011 • PBS • NOVA7221 • \$59.99**



### NOVA - Power Surge



Can emerging technology defeat global warming?

Tens of billions of dollars have been invested in clean energy projects as our leaders try to save our poisoned planet in a single bold, green stroke. Are we finally on the brink of a green-energy Power Surge, or is it all a case of too little, too late? From solar panel factories in China to a

carbon capture and storage facility in the Sahara desert -- to massive wind and solar installations in the United States -- NOVA travels the globe to reveal the surprising technologies that just might turn back the clock on climate change. Focusing on the latest and greatest innovations, including everything from artificial trees to green reboots of familiar technologies like coal and nuclear energy, NOVA asks: "Can our technology, which helped create this problem, now solve it?"

**60 min. • Gr. 9-A • 2011 • PBS • NOVA7223 • \$59.99**



### Secrets of the Dead: World's Biggest Bomb



Beginning in the 1950s, American and Soviet scientists engaged in a dangerous race to see who could build and detonate the world's largest bomb. The results exceeded all expectations about how big a bomb could be built. This is an epic story where the United States led the way, but then left the field clear for the Soviet Union to break all records. Terrifyingly, the bomb-makers on both sides were flying blind as they pushed the technology far into unknown territory. The story of the race to build the World's Biggest Bomb has never been fully told, but this fifty year anniversary provides the perfect opportunity to share this chilling story with the world.

**60 min. • College / Adult • 2011 • PBS • SEDE7114 • \$69.99**



## SOCIAL STUDIES

**The Illusionist***(Animated)*

This program details the story of a dying breed of stage entertainer whose thunder is being stolen by emerging rock stars. Forced to accept increasingly obscure assignments

in fringe theaters, garden parties and bars, he meets a young fan who changes his life forever.

**80 min. • Gr. 9-A • 2010 • Mongrel • MON1643**  
**\$275**

Also Available in French - Item# KON1643

**Precious Life**

Born without an immune system, four-month-old Palestinian boy Mohammad Abu Mustafa will die without a bone marrow transplant, a procedure that can only be done in

an Israeli hospital. A desperate plea from his doctor to save Mohammad's life leads Israeli journalist Shlomi Eldar to document this complex and emotional story. As Israeli and Palestinian doctors put aside their differences to protect the child, we are forced to confront the more personal ramifications of life in Gaza.

**90 min. • Gr. 9-A • 2010 • Mongrel • MON1672**  
**\$275**

**Project Nim**

From the Oscar-winning team behind MAN ON WIRE comes the story of Nim, the chimpanzee who in the 1970s became the focus of a landmark experiment which aimed to show

that an ape could learn to communicate with language if raised and nurtured like a human child. Following Nim's extraordinary journey through human society, and the enduring impact he makes on the people he meets along the way, the film is an unflinching and unsentimental biography of an animal we tried to make human. What we learn about his true nature - and indeed our own - is comic, revealing and profoundly unsettling.

**93 min. • Gr. 9-A • 2011 • Mongrel • MON1677**  
**\$275**

**Life in a Day**

Director Kevin Macdonald (The Last King of Scotland) and producer Ridley Scott (Alien, Gladiator) team up to offer this candid snapshot of a single day on planet

Earth. Compiled from over 80,000 YouTube submissions by contributors in 192 countries, Life in a Day presents a microcosmic view of our daily experiences as a global society. From the mundane to the profound, everything has its place as we spend 90 minutes gaining greater insight into the lives of people who may be more like us than we ever suspected, despite the fact that we're separated by incredible distances.

**90 min. • Gr. 7-A • 2011 • Mongrel • MON1676**  
**\$275**

**The Lazarus Effect**

HIV/AIDS has killed more than 20 million people in Africa, but it is a preventable and

treatable disease. Antiretroviral (ARV) drugs, which block HIV's assault on the body's immune system, can transform the lives of people from near death to health in as little as three months. Produced by (RED) and executive produced by Spike Jonze (Where The Wild Things Are, Adaptation, Being John Malkovich), The Lazarus Effect chronicles the true-life resurrections of people who only a few years ago would have had no chance of survival, including Constance (Connie) Mudenda, who lost all three of her children to AIDS before ARV treatment was available. Mudenda eventually heard about a clinic that made free drugs available and became one of the first people to enroll in the program. She has since become an HIV Peer Education Supervisor, educating and helping save the lives of countless other HIV-positive people.

**30 min. • Gr. 10-A • 2010 • Cinema Guild • CG2379**  
**\$139.99**

**Me Facing Life: Cyntoia's Story**

What role should genetics and environment play

in the legal defense of a minor on trial for murder? This engrossing documentary explores this question by following the controversial case of Cyntoia Brown, a 16-year-old girl forced into prostitution, who faces life without parole for killing one of her clients.

*Official Selection of PBS  
Independent Lens, 2011*

**52 min. • Gr. 10-A • 2010 • Cinema Guild • CG2398**  
**\$350**

**Al-Halqa: In the Storyteller's Circle**

For centuries, Marakech's historic Djemaa el-Fna square has been

home to the world's greatest storytellers; their craft even recognized by UNESCO as an "Intangible Heritage of Humanity." Al-Halqa - In the Storyteller's Circle is a wonderful documentary that examines this age-old tradition and considers its place in the modern world.

Abderahim El Maqori has been telling stories in Djemaa el-Fna square since he was a young man; stories that he learned from his father as a child, stories that he read in books and stories that he learned from other 'Halaiqis.' Abderahim however is growing older and he wants to make sure this great tradition does not die. So he sets out to teach his young son, Zoheir, just as his father did decades before. The film documents the passing of this tradition from father to son. We see Abderahim teaching his son both the importance of stories and the means of holding a crowd captive. We see Zoheir's first attempts in the Halqa, or storyteller's circle, and the difficulties he faces in trying to connect with others from his generation. The film also follows Abderahim and Zoheir on a trip to Fez, Morocco's intellectual capital, where Zoheir will finally test out his skills in the large city square.

**52 min. • Gr. 10-A • 2010 • Cinema Guild**  
**CG2401 • \$350**



**SOCIAL STUDIES**

**SOCIAL STUDIES - HISTORY**



**Our Daily Bread Series**  
(13 Volumes)

This world-renowned documentary series combines tantalizing visual images with informative, entertaining narratives to explore the historical, social and

cultural aspects of bread, often referred to as "the staff of life." From its humble ingredients of flour, water and sometimes yeast, bread has been molded and baked into dozens of shapes by different cultures over history. Yet few people really know much about the bread they routinely consume. "Our Daily Bread" educates, entertains, and entices viewers by providing a fresh perspective on the modern diet.

**Titles in Series:**

- *Getting to Know Bread* - SKYODB01
- *The French Connection* - SKYODB02
- *Indian Bread* - SKYODB03
- *Sandwich* - SKYODB04
- *Bread and Butter* - SKYODB05
- *Bread Around the Clock* - SKYODB06
- *Italian Bread* - SKYODB07
- *Malay Bread* - SKYODB08
- *Fillings In Bread* - SKYODB09
- *Buns* - SKYODB10
- *Turkish and Middle Eastern Bread* - SKYODB11
- *Fried Bread* - SKYODB12
- *Bread Shapes* - SKYODB13

**13x24 min. • Gr. 6-A • 2000 • Sky Merchants S0004194 • Series – Boards/Schools: \$995 Home Use: \$575 Price Each – Boards/Schools: \$79.99 Home Use: \$44.99**

**Shades of Blue Series**

See page 13 for description & pricing.  
**3 x 46 min. • Gr. 9-Adult • 2007 ThinkStock Inc. • S0004128**

**Bhopali**

See page 22 for description & pricing.  
**80 min. • Gr. 10-A • 2010 • Cinema Guild • CG2403**

**The Greatest Movie Ever Sold**

See page 20 for description & pricing.  
**90 min. • Gr. 7-A • 2011 • Mongrel • MON1667 \$275**

**Prisoner of Her Past**

See page 21 for description & pricing.  
**57 min. • Gr. 10-A • 2010 • Facets Video DV100007 • \$39.99**



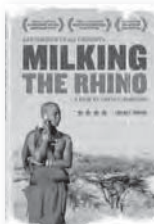
**African Secrets Series**  
(9 Volumes)

African Secrets is a series of anthropological documentaries shot from within the heart of Africa. The program grows from Zimbabwe, where the producing company, Video Promotions, is based. The series, however, has a scope stretching beyond the borders of Zimbabwe hence the 'Africa' aspect in the title. The programs under the series cover a myriad of amazing socio-cultural and geographical themes. The series depicts some extraordinary practices in the way Africans interact, co-exist, and adapt to their environment. It also captures some breathtaking geographical and historical features that make the continent a hub of tourism.

**Titles in Series:**

- *Behind the Bones*
- *Medicine Man, The*
- *Secrets of the Wilderness*
- *The Nyau: Ancient Dancers of Africa*
- *Totems*
- *Traditional Dancing*
- *Victoria Falls*
- *Visual Arts and Craft*
- *Zambezi Crocodile, The*

**9x30 min. • Gr. 9-A • 2011 • TVS • S0004198 Series – Boards/Schools: \$265 Home Use: \$165 Each – Boards/Schools: \$39.99 Home Use: \$19.99**



**Milking the Rhino**

A ferocious kill on the Serengeti ... warnings about endangered species. These clichés of nature documentaries make the mistake of ignoring the villagers who live in Africa and navigate the

dangers and costs of coexisting with wildlife. Two of the world's oldest cattle-cultures -- the Masai and the Himba -- have actually suffered from the conservation efforts forced on them by whites. This hard-hitting documentary chronicles recent efforts by villagers to embrace eco-tourism, which focuses on community-based conservation that balances the needs of the people with that of the wildlife. In Masai, Ojhimba, and English with English Subtitles.

**83 min. • Gr. 10-A • 2009 • Facets Video DV98068 • \$39.99**



**Brazil: New Global Power**

Today, Brazil has the second largest economy in the Western Hemisphere - exceeded only by the United States. It covers half of all South America, has abundant natural resources including newly discovered, deep ocean oil fields, and is a major exporter of food and metal ores. Its people are a mixture of Native American, African, and European ethnicity and culture. In the 1990's with runaway inflation, the government decisively enacted financial legislation, divested itself of state-owned industries, and welcomed foreign investment. Examples include Petrobras, third largest oil company in the world; and Embraer, third largest commercial aircraft manufacturer in the world. Its rapidly expanding middle class enjoys a rising living standard. Environmental issues include the continuing degradation of its vast Amazonian tropical rainforest, and contamination of soil and water by chemicals used in mining.

**17 min. • Gr. 5-10 • 2011 • Benchmark • BMWG41 Board & Post-Sec. - \$99.99 • School Site - \$49.99 Home Use - \$34.99**

**SOCIAL STUDIES - HISTORY**



**FRONTLINE: Kill/Capture**

Inside the secret campaign to take out thousands of Taliban and Al Qaeda fighters, and the strike that killed Osama bin Laden. A six-month investigation by FRONTLINE has gone inside the military's "kill/capture" operations to discover new evidence of the program's impact, and its costs. \*\*This program contains mature content, including graphic imagery of war, and graphic language which has been edited. Viewer discretion is advised.

**60 min. • College / Adult • 2011 • PBS • FRL72914 \$69.99**



## SOCIAL STUDIES - HISTORY

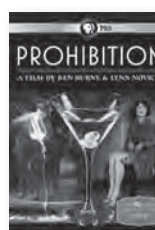
TRAVEL & TOURISM/  
SOCIAL STUDIES - POLITICAL SCIENCE

## Chronicle of the Third Reich



The Third Reich lasted for 12 years, 3 months, and 9 days. It began with great hopes and unprecedented jubilation and ended after a world war in which more than 50 million people were killed, Germany was destroyed and the European Jews murdered. To mark the 65th anniversary of the downfall of the Nazi regime, embark on this unique journey through the bleakest chapter of German history. Michael Kloft traces the story of the Third Reich, painting a picture of Nazi dictatorship behind the propaganda by utilizing what in some cases is previously unpublished footage.

200 min. • College / Adult • 2011 • PBS • CHRE701 \$69.99



## Ken Burns: Prohibition (3 DVD Set)



PROHIBITION, a three-part documentary series, directed by Ken Burns and Lynn Novick, explores the extraordinary story of what happens when a freedom-loving nation outlaws the sale of intoxicating liquor--and the disastrous unintended consequences that follow. This utterly relevant cautionary tale raises profound questions about the proper role of government and the limits of legislating morality.

360 min. • Gr. 9-A • 2011 • PBS • PROH700 • \$84.99

## Prisoner of Her Past

See page 21 for description & pricing.

57 min. • Gr. 10-A • 2010 • Facets Video • DV100007 • \$39.99

## SOCIAL STUDIES - POLITICAL SCIENCE



## An African Election

What value does a stable democratic nation in Africa hold for the region and the world? In this engrossing documentary, Ghana's pivotal 2008 presidential election serves as a backdrop for a remarkable insider's perspective into the complex social and political machinations of a new democracy struggling for legitimacy.

89 min. • Gr. 10-A • 2011 • Cinema Guild • CG2394 • \$350

## From the Mother Tongue Series

- Mary Lee Chan: Taking On City Hall (Chinese) (SUPMT04)
- Anna Markova: Forgiveness in Exile (Doukhobor) (SUPMT05)
- Aina Wilen: Fighting for the Franchise (Finnish) (SUPMT06)
- Kimiko Murakami: Triumph Over Internment (Japanese) (SUPMT08)
- Juliet Karugahe: Between Two Worlds (Rwandan) (SUPMT11)
- Martha Bielish: Giving Rural Women a Voice (Ukrainian) (SUPMT12)

See page 14 for description & pricing.

Each 23 min. • Gr. 9-Adult • 2006 • ThinkStock Inc.

## Irena Sendler: In the Name of Their Mothers



See page 13 for description & pricing.

60 min. • Gr. 9-A • 2011 • PBS • ISNM701

## Secrets of the Dead: World's Biggest Bomb



See page 24 for description & pricing.

60 min. • College / Adult • 2011 • PBS • SEDE7114

## TRAVEL &amp; TOURISM



## Globe Trekker: Turkey 2

Globe Trekker Adela Ucar's Turkish adventure begins in the historical town of Konya, a bastion of Islamic faith and Seljuk culture. It is home to the whirling dervish orders, ancient mosques and markets, perfumed with Eastern spices, and a place where Muslim pilgrims mingle with secular citizens in tranquil tea gardens. Her journey continues with a trek along the Lycian Way, exploring ancient rock-hewn tombs and relaxing on sun-kissed beaches. She travels on to Adana, Turkey's 4th largest city and home to the Sabancı Mosque, which can accommodate 20,000 worshippers and even has a small elevator tucked away in one of its minarets. The city is also renowned for its exquisite cuisine - notably the Adana Kebab - and famed for its Salgam, a salty fermented juice made from turnips. Journeying onwards and off-the-beaten-track, Adela visits the historic south eastern region of Anatolia. With its jagged mountain peaks, sun-kissed plains, extinct volcanoes, immense lakes, and historic cities - it's a region filled with exoticism and adventure. First, she stops off at Gaziantep, a city buzzing with café culture hedonism and filled with Roman, Byzantine, Arab, and Ottoman architecture. Finally, she visits the city of Diyarbakr with its huge basalt city walls, studded by mighty gates, it's the epicenter of Kurdish culture. Criss-crossed by narrow, winding alleyways, studded with mosques and stone-stenciled black basalt houses, this atmospheric city just oozes history.

60 min. • Gr. 9-A • 2011 • Pilot Guides • PGD0129

Boards/Schools: \$69.99 • Home Use: \$44.99



## Globe Trekker: Ukraine

Ukraine is an off-beat destination for most travelers, including Holly Morris, who nonetheless, dives right into her Globe Trekker journey to discover plenty of unexpected charms, cultural curiosities, and historical perspectives that range from fun to deeply haunting. Her itinerary cuts a wide circular swath through the country. She begins in Lviv, home to a uniquely condensed collection of stunning Renaissance and Baroque architecture and modern extreme-themed cafes and restaurants. Next, she travels through the Carpathian Mountains for a taste of the unique culture and traditions of the local mountain people. Moving on through the vast plains of central Ukraine, Holly visits Uman to witness the annual pilgrimage of Hassidic Jews to the burial site of Rabbi Nachman. She visits a cold war era missile base in Pervomaisk before visiting the semi-autonomous region, Crimea. A long time favorite vacation spot for Russians, she visits Livadia Palace, Czar Nicholas II summer home samples spa treatments at a Soviet-era "sanatorium." Holly's last stop in Crimea is near the port of Sevastopol to meet up with history buffs that recreate the first battle of the 1854 Crimean War. Her journey ends in the modern capital Kiev, but not before a day trip to the 30 kilometer exclusion zone nearby the site of the Chernobyl disaster.

60 min. • Gr. 9-A • 2011 • Pilot Guides • PGD0115

Boards/Schools: \$69.99 • Home Use: \$44.99

Please visit our website [www.visualed.com](http://www.visualed.com) for other titles in the Globe Trekker Series.



## Visual Education Centre

## TRAVEL &amp; TOURISM


**Cities of the World:  
California**

The state of California is located on the West Coast of the United States and is the land of huge palm trees, sandy beaches, girls in bikinis and sunshine; a paradise for surfers and the film industry. San Francisco is famous for the Golden Gate Bridge, Alcatraz Prison, its trams and the world's most winding street. Los Angeles is a huge metropolitan city that is a collection of unique smaller villages; the capital of the film industry reaches from Santa Monica on the coast, through Malibu all the way to the elegant Beverly Hills. The main sight of San Diego is its harbour and the nostalgic Gaslamp Quarter. However, California is made up of more than just huge cities; it is also full of natural beauty, from the giant sequoias to the Yosemite National Park, the small towns that are reminiscent of the "gold rush"; the splendour of Hearst Castle and the famous amusement parks: Disneyland, Universal Studios and Sea World, San Diego.

**60 min. • Gr. 9-A • 2011 • TVS • TVS01439**  
**Boards/Schools: \$49.99 • Home Use: \$24.99**


**Cities of the World:  
Indonesia**

Indonesia is the Earth's largest archipelago nation, which includes part of the Malaysian Islands and the majority of the Greater and Lesser Sunda Islands

forming a bridge between South-East Asia and Australia. The country comprises of thousands of small islands including the four Greater Sunda Islands: Sumatra, Java, Kalimantan (Borneo) and Sulawesi (Celebes) that cover  $\frac{3}{4}$  of the whole area of Indonesia. The country lies on either side of the Equator and is 5000 km long from East to West. The flora, fauna and geography of this tropical-climate country is diverse: smoking volcanoes, dense forests, white sanded beaches, terraced wet rice plantation are abundant.

**60 min. • Gr. 9-A • 2011 • TVS • TVS01446**  
**Boards/Schools: \$49.99 • Home Use: \$24.99**

**African Secrets Series (9 Volumes)**

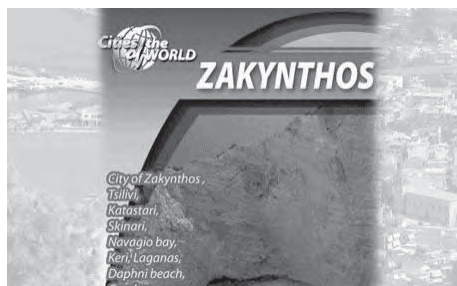
See page 26 for description & pricing.

**9x30 min. • Gr. 9-A • 2011 • TVS • S0004198**


**Cities of the World:  
Madagascar**

Madagascar is rightly called one of the "Pearls of the Indian Ocean." Thanks to its special natural features and diversity of habitats it is one of the world's five most valuable habitats. It is a fabulous island where we can admire plants and animals in their natural environment that cannot be found anywhere else in the world. Rain-forests, baobab trees, strange-looking lemurs, chameleons and other special creatures charm everyone who visits here. The fantastic fauna and flora can be observed from natural environments such as the World Heritage site Masoala National Park, Kirindy Forest or the Lemurs Park. The island has man-made beauty in store: at the Royal Hill of Ambohimanga - also declared a World Heritage Site by UNESCO - the time stops, so we can still admire it in its contemporary beauty. Madagascar is a really exotic, unique and very impressive place in the world. Thanks to its natural beauty it is not only a paradise to scientists, but also for eco-tourists.

**60 min. • Gr. 9-A • 2011 • TVS • TVS01453**  
**Boards/Schools: \$49.99 • Home Use: \$24.99**


**Cities of the World: Zakynthos**

Zakynthos is the third largest island of the Ionian Islands, and is an ideal place for those looking for quiet relaxation. Its landscape is shaped by prolific plains, mild slopes and hills. The plains are covered with rich vegetation: olive, lime and grape plantations stretch across the land and rocky shores end in crystal clear waters on the western side of the island. The "Fragrant Island" has an area of 404 km that can be divided into 4 different

parts: the Laganasi Bay full of holiday resorts; the Vassilikos peninsula; the steep, rocky western parts with the "Blue Caves" and the north-eastern shore covered with pines and dotted with beaches from the city of Zakynthos to Agios Nikolaos. One of the main sights to see on Zakynthos is the Navagio Bay with the rusting smuggler ship resting majestically on its beach and of course, its protected turtles. Visitors to Zakynthos can also make a boat trip to Corfu and Kefalonia.

**60 min. • Gr. 9-A • 2011 • TVS • TVS01484 • Boards/Schools: \$49.99 • Home Use: \$24.99**

Please visit our website [www.visualed.com](http://www.visualed.com) for other titles in the Cities of the World Series.


**Cities of the World:  
Slovakia**

A summer tour around Slovakia can be just as eventful and exciting as skiing in winter on the slopes of the snow-covered Tatra Mountains. Walking in the sunshine through the historical cities is a real charm. The architectural sights and atmosphere of the capital, Bratislava; Kamarno; the mining towns, Bardejov, Presov and Kosice offer visitors a pleasant time. During our wanderings in the city centers and the small villages we get the sense of walking around in a jewelry box. Nature itself offers tourists plenty to see in all seasons of the year. For hikers the famous Slovak Paradise National Park is a real paradise and the beauty of the Domica stalactite cave in the Slovak Karst National Park can be admired during a pleasant stroll. The Tatra Mountains are a must-see even in summer: there probably isn't a tourist who didn't climb up at least once to the Lomnici-peak at 2634 meters, where we can really have our heads above the clouds.

**60 min. • Gr. 9-A • 2011 • TVS • TVS01460**  
**Boards/Schools: \$49.99 • Home Use: \$24.99**



## TRAVEL &amp; TOURISM

**Globe Trekker: Nigeria**

Nigeria is Africa's most populated country, home to 150 million people, overcrowded and chaotic; it's definitely not on the usual tourist trail. Globe Trekker Adela Ucar boldly goes to the heart of West Africa and discovers Nigeria to be one of the most diverse and exciting travel destinations. Her journey begins in the country's largest city, Lagos where she visits the local food and textile market and takes in a rehearsal by Femi Kuti at the New Afrika Shrine. Adela travels on to Lokoja on the banks of the Niger for a glimpse into the city's British colonial legacy and learns about the Biafran war for independence, meeting a veteran of the war at the National War Museum in Umuahia. She makes her way to Calabar to join the celebrations at a traditional Efik tribal wedding, before heading deep into the rainforest to see the endangered drill monkeys of Afi Mountain. After a short stop in Abuja, she ventures to Kano in the north to meet the Emir at his palace. Her trip ends with a visit to the magical weeklong desert music festival in Machina.

60 min. • Gr. 9-A • 2011 • Pilot Guides • PGD0127

Boards/Schools: \$69.99 • Home Use: \$44.99

**Cities of the World: Berlin**

The re-united Berlin awaits visitors with such old sights as the Alexanderplatz with the TV Tower and the World Clock, the Museum Island, the Brandenburg Gate, the Memorial Church (Church Ruin), the linden trees of the "Unter den Linden", and the shopping areas of the Kurfurstendamm. The new sights include the restored Reichstag with the new Government District, the recently opened Bunker of Hitler and the new Holocaust Monument. The memories of the past turned into souvenirs, the remnants of the Wall became tourist attractions, and the once divided city is now one of the cultural centers of Europe. All this is topped as crown jewels by the Neo-Classical and Rococo palaces of the Hohenzollerns in Charlottenburg and Potsdam.

60 min. • Gr. 9-A • 2011 • TVS • TVS01422

Boards/Schools: \$49.99 • Home Use: \$24.99

**Cities of the World: Sweden**

Unusually clean, fresh air, dense, dark green pine forests, sparkling lakes among seemingly endless forests, bright blue sky, wide rivers, green grass in contrast with red-painted houses with white doors and window-frames... That's Sweden. Vast free landscapes where mass of flowers bloom in May and trees glitter in unrealistic colors in September.

Among the plains, the lakes and the hills, ancient cities are located: the red-bricked Malmo, the port Gothenburg, the medieval Ystad, Helsingor and Helsingborg, and the university town Uppsala which is always full of life. Stockholm, built between Lake Malaren and Baltic Sea, rivals any European capital city. Near to it, there are castles which enchant the travelers, for instance Skokloster Castle or Gripsholm Castle.

60 min. • Gr. 9-A • 2011 • TVS • TVS01477

Boards/Schools: \$49.99 • Home Use: \$24.99

## WORLD ISSUES &amp; EVENTS

## WORLD ISSUES &amp; EVENTS

**Good Food, Bad Food**

We've been warned about the impending disasters facing our food supply - Good Food, Bad Food shows us that solutions to "McFood" do exist. Farmers, philosophers and economists have their say in this revealing documentary about the environment and the consequences of big agribusiness. Filmmaker Coline Serreau delivers a refreshing and optimistic message on the state of cultivation by exploring organic and local alternatives to the global food production industry. French with English subtitles.

113 min. • Gr. 9-A • 2010 • Mongrel • MON1631 • \$275

**NOVA - Japan's Killer Quake**

The March 11, 2011 earthquake was the world's fourth largest earthquake since record keeping began in 1900 and the worst ever to shake Japan. The seismic shock wave released over 4,000 times the energy of the largest nuclear test ever conducted; it shifted the earth's axis by 6 inches and shortened the day by a few millionths of a second. The tsunami slammed Japan's coast with 30 foot-high waves that traveled 6 miles inland, obliterating entire towns in a matter of minutes. Japan's Killer Quake combines authoritative on-the-spot reporting, personal stories of tragedy and survival, compelling eyewitness videos, explanatory graphics and exclusive helicopter footage for a unique look at the science behind the catastrophe.

60 min. • Gr. 9-A • 2011 • PBS • NOVA7224 • \$59.99

**FRONTLINE - Wikileaks: Julian Assange, Bradley Manning, and WikiLeaks**

Behind the leaking of more than half-a-million classified documents on the Wikileaks website stand two very different men: Julian Assange, the Internet activist and hacker who published the documents, and an Army intelligence analyst named Bradley E. Manning. FRONTLINE tells the full story behind the leaks. It also reports on the U.S. government's struggle to protect national security information in a post 9/11 world. \*\*This program contains mature content, including graphic imagery, and strong language that may not be appropriate for more sensitive viewers. Viewer discretion is advised.

60 min. • Gr. 9-A • 2011 • PBS • FRL72915 • \$59.99

**Juliet Karugahe: Between Two Worlds (Rwandan)**

See page 15 for description & pricing.

23 min. • Gr. 9-Adult • 2006 • ThinkStock Inc. • SUPMT11



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# KELSO'S CHOICE

## KELSO'S CHOICE



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### Kelso's Choice: Conflict Management Kit (4th Edition)

Kelso's Choice Conflict Management Curriculum is based on the premise that every child is capable of becoming a peace-maker. It is comprised of two sections: for Grades K-3 & Grades 4-5. The same core concepts are taught with variations for different developmental and maturity levels. Grades K-3 lessons are designed around Kelso the frog, while Grades 4-5 lessons use K.C.'s Wheel, incorporating images of other 4th and 5th graders. Concrete "choices" become tools for students to use when faced with small problems and are effective in increasing confidence, reducing tattling and bullying. The curriculum can be implemented school wide, in a classroom, in a small-group setting, or for individual counselling.

Complete kit includes a NEW Kelso in Action DVD (20 min), Leader's Guide with printable material, paper puppet cut-outs, coloured Willow Pond Storybook, Kelso puppet, Lily puppet, Grades K-3 poster set, and Grades 4-5 poster set.

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